



2022

NUTRACEUTICAL PRODUCT CATALOG

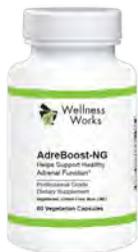
INNOVATIVE AND COMPLETE NUTRACEUTICAL PRODUCT LINE

Table of Contents

Adrenal Support	1
Allergy Management	2
Cardiovascular Support	3-5
Children's Supplements	6-7
Cognitive Support	8-9
Diabetes Management	10
Digestive & Gut Support	11-14
Essential Nutrients & Healthy Living	15-22
Immune System Support	23-25
Joint Health & Bone Support	26-28
Liquid Nutrition	29-30
Liver Support	31-32
Men's Health	33-34
Mood Support	35
Optimal Aging & Longevity	36
Pain & Inflammation Management	37-38
Sleep Support	39-40
Sports Nutrition	41
Stress Management	42
Thyroid Support	43
Weight Loss	44
Women's Health	45-47
Wound Healing	48
Index	49



Adrenal Support



AdreBoost-NG

DESCRIPTION

AdreBoost-NG is a combination of nutrients and herbs that support healthy adrenal function during periods of physical and emotional stress. The adaptogenic herbs (Eleuthero, *Rhodiola rosea*, and Ashwagandha) are standardized to ensure a consistent dose of active compounds.

Product #10244 Size: 60 Vegetarian Capsules

SUGGESTED USE

As a dietary supplement, adults take 2 vegetarian capsules daily with food, or as directed by a healthcare professional.

Two vegetarian capsules contain:

Vitamin C (as ascorbic acid).....	60 mg
Vitamin B-6 (as pyridoxine HCl).....	25 mg
Pantothenic Acid (as d-calcium pantothenate).....	100 mg
Choline (as choline bitartrate).....	50 mg
L-tyrosine.....	500 mg
<i>Rhodiola rosea</i>	200 mg
(standardized to 3% [6 mg] rosavins and 1% [2 mg] salidosides)	
Eleuthero (<i>Eleutherococcus senticosus</i>) root extract.....	100 mg
(Standardized to 0.5% [0.5 mg] eleutherosides)	
Ashwagandha (<i>Withania somnifera</i>) root extract.....	150 mg
(standardized to 1.5% [2.5 mg] withanolides)	
Ginger (<i>Zingiber officinale</i>) root extract.....	50 mg
Licorice (<i>Glycyrrhiza glabra</i>) root extract.....	40 mg
Astragalus (<i>Astragalus membranaceus</i>) root extract.....	45 mg
Gotu Kola (<i>Centella asiatica</i>) leaf.....	25 mg
Schizandra (<i>Schizandra chinensis</i>) berry.....	20 mg
Other Ingredients: Capsule (cellulose, water), magnesium stearate and silica.	
Contains NO sugar, salt, dairy, yeast, soy, wheat, gluten, corn, preservatives, artificial colors or flavors.	



DHEA Liposomal Drops

Liposomal Delivery System

Hormone Replacement

DESCRIPTION

DHEA Liposomal Drops is a soy-free, easy-to-use supplement to help maintain normal levels of DHEA.

Product #10398 Size: 1.0 fl. oz. (30mL)

SUGGESTED USE

As a dietary supplement, adults (18 years and over) take 0.25 mL by mouth, or as directed by a healthcare professional.

0.25 mL contains:

DHEA (dehydroepiandrosterone).....	6.25 mg
Stevia leaf extract.....	0.5 mg
Other Ingredients: Glycerin, sunflower oil, ethyl alcohol, oleic acid polyglyceride, sunflower lecithin, natural grape flavor, xanthan gum, water, citric acid.	



DHEA 50 mg

Dehydroepiandrosterone

Hormone Replacement

DESCRIPTION

DHEA capsules contain highest purity dehydroepiandrosterone (DHEA) produced under strict Good Manufacturing Practices (GMP) standards.

Product #10359 Size: 120 Capsules

SUGGESTED USE

As a dietary supplement, adults take 1 capsule daily with food, or as directed by a healthcare professional.

One capsule contains:

DHEA (dehydroepiandrosterone).....	50 mg
Other Ingredients: Capsule (gelatin, water), rice powder, magnesium stearate and silica.	
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.	

Marketing Works

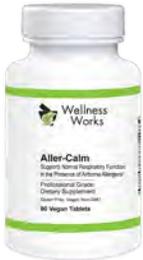
Ask Us About
Customizable
Marketing Collateral
to Build Your Brand

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Allergy Management



Aller-Calm

Supports Normal Respiratory Function in the Presence of Airborne Allergens†

DESCRIPTION

Aller-Calm is a blend of standardized herbal extracts clinically formulated and tested to promote healthy, normal breathing and to support clear airway passages seasonally and all year round.†

Product #10404 Size: 90 Vegan Tablets

SUGGESTED USE

As a dietary supplement, adults take 3 tablets, 2 times daily in the presence of seasonal airborne allergens, or 3 tablets daily year round, or as directed by a healthcare professional.

Three vegan tablets contain:

Vitamin C (as ascorbic acid).....	100 mg
Methylsulfonylmethane.....	1500 mg
Seasonal Seven Comfort Blend.....	660 mg
Amla (<i>Emblica officinalis</i>) fruit extract, chebulic myrobalan (<i>Terminalia chebula</i>) fruit extract, beleric myrobalan (<i>Terminalia bellirica</i>) fruit extract, astragalus (<i>Astragalus membranaceus</i>) root, ginger root, reishi mushroom, black pepper fruit	
Quercetin.....	300 mg
Stinging nettle (<i>Urtica dioica</i>) leaf extract.....	200 mg
(standardized to contain 1% silicic acid [2 mg])	
Turmeric rhizome powder.....	50 mg
Ginger rhizome powder.....	35 mg
Bromelain (<i>Ananas comosus</i>) stem.....	25 mg
(2400 GDUs/g)	
Feverfew herb powder.....	25 mg
Organic VitaBerry®.....	25 mg
(organic strawberry, organic blueberry, organic raspberry, organic tart cherry, organic pomegranate, organic cranberry)	
Other Ingredients: Cellulose, vegetable stearin, dicalcium phosphate, silica, magnesium stearate.	
Contains NO sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors.	

WELLNESS WORK DIRECT

Expanding your business
to a digital platform.



Offering your customers a branded online shopping experience featuring over 150 professional-grade supplements, each custom-labeled for your pharmacy.



Cardiovascular Support



Cardio Health Support[‡]

With Hawthorn and CoQ10

DESCRIPTION

Cardio Health Support formula provides the foundation for a healthy cardiovascular system by supplying the many nutrients, herbs and other cofactors that help protect against the damaging effects of free radicals and homocysteine, and help support cardiovascular function.¹

Product #10029 Size: 60 Tablets

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Three tablets contain:

Vitamin C (as ascorbic acid).....	100 mg
Vitamin E (as d-alpha).....	25 IU
Niacin.....	25 mg
Vitamin B-6 (as pyridoxine hydrochloride).....	5 mg
Folic acid.....	400 mcg
Vitamin B-12 (as cyanocobalamin).....	5 mcg
Magnesium (as oxide, amino acid chelate).....	400 mcg
Coenzyme Q10.....	60 mg
Hawthorn flower & leaf extract.....	100 mg (standardized to 1.8% [1.8 mg] vitexin)
L-carnitine (as tartrate).....	500 mg
Soybean (<i>Glycine max</i>) extract.....	250 mg (Standardized to 2.5-3.5% [6.25-8.75 mg] isoflavones)
Horsechestnut seed extract.....	100 mg (Standardized to 20% [20 mg] aescin)
Taurine.....	500 mg
Green tea leaf extract.....	50 mg (Standardized to 50% [25 mg] epicatechin)
Grape (<i>Vitis vinifera</i>) seed extract.....	5 mg
Citrus bioflavonoids.....	50 mg
Cayenne (<i>Capsicum annuum</i>) fruit.....	25 mg
Other Ingredients: Cellulose, stearic acid, cellulose gum, silica, magnesium stearate and dicalcium phosphate.	
Contains NO dairy, yeast, wheat, corn, preservatives, artificial colors or flavors.	



Omega Max

Complete Essential Fatty Acid Formula

Healthy Living

DESCRIPTION

Omega Max provides a blend of oils derived from flaxseed, borage and deep fish sources. Both the flax and the borage seed oils are 100% cold, expeller pressed and hexane free. The fish oil is molecularly distilled and goes through extensive testing for heavy metals, PCBs, dioxins and other potential contaminants.

Product #10118 Size: 60 Softgels

SUGGESTED USE

Adults take 1 softgel, 3 times daily with meals, or as directed by a healthcare professional.

One softgel contains:

Calories.....	10
Calories from fat.....	10
Total fat.....	1 g
Vitamin E (as d-alpha tocopherol).....	10 IU
Borage seed oil (<i>Borago officinalis</i>).....	400 mg
Flax seed oil (<i>Linum usitatissimum</i>).....	400 mg
Deep sea fish oil.....	400 mg
Alpha linolenic acid (ALA).....	226 mg
Cis-linoleic acid (LA).....	210 mg
Docosahexaenoic acid (DHA).....	82 mg
Eicosapentaenoic acid (EPA).....	120 mg
Gamma-linolenic acid (GLA).....	82 mg
Oleic acid.....	152 mg

Other Ingredients: Softgel (gelatin, glycerin, and water).

Contains NO sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors.



Pantothenic Acid

500 mg

DESCRIPTION

Pantothenic Acid supplies 500 mg of pantothenic acid in a convenient tablet form.

Product #10119 Size: 100 Vegetarian Tablets

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

Pantothenic Acid.....	500 mg (as calcium pantothenate)
-----------------------	-------------------------------------

Other Ingredients: Cellulose, dicalcium phosphate, croscarmellose sodium, stearic acid, magnesium stearate, silica, and pharmaceutical glaze.

Contains NO sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.

Please see the Wellness Works product order form for current pricing.

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



CoEnzyme Q10

100 mg Softgels with Vitamin E
Sports Nutrition

DESCRIPTION

CoEnzyme Q10 softgels contain pure coenzyme Q10 (ubiquinone) solubilized in a base of rice bran oil and vitamin E to enhance absorption of coenzyme Q10.

Product #10038 Size: 30 Softgels

SUGGESTED USE

As a dietary supplement, adults take 1 softgel capsule, 1 to 2 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Co-enzyme Q10 (as ubiquinone) 100 mg
Other Ingredients: Gelatin, glycerin, water, zinc oxide and annatto (softgel), rice bran oil, lecithin, vitamin E and beeswax.
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.



Vitamin K2

All Natural Source
Essential Nutrients

DESCRIPTION

Vitamin K2 supplies a significant amount of biologically active vitamin K in the form of menaquinone-7 (MK-7).

Product #10225 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 vegetarian capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

MenaquinoneGold™ vitamin K2 45 mcg
(as menaquinone-7)
Other Ingredients: Cellulose and water (capsule), cellulose, magnesium stearate, and silica.
Contains NO salt, dairy, wheat, gluten, soy, preservatives, artificial colors or flavors.



Ubiquinol

CoQH 100 mg
Drug-Induced Nutrient Depletion

DESCRIPTION

Ubiquinol is the reduced (electron-rich) form of coenzyme Q10. It is identical to the CoQ10 produced by the body and is already activated, bypassing the need for conversion.

Product #10247 Size: 30 Softgels

SUGGESTED USE

Adults take 1 softgel, 1 to 3 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Ubiquinol CoQH (Kanedka Ubinquinol™) 100 mg
(Reduced form of CoQ10)
Other ingredients: Softgel (gelatin, vegetable glycerin, caramel, titanium dioxide, water), olive oil, ascorbyl palmitate, soy lecithin. Contains Soy.
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.



Marine Fish Oil

1,000 mg / Natural Source of Omega-3 Fatty Acids
Healthy Living

DESCRIPTION

Marine Fish Oil contains a marine lipid concentrate that has been processed by molecular distillation. Our formula is an excellent source of omega-3 fatty acids, providing eicosapentaenoic acid (EPA, 18%) and docosahexaenoic acid (DHA, 12%) in their natural triglyceride form.

Product #10306 Size: 100 Softgels

SUGGESTED USE

Adults take 1 softgel 2 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Calories..... 10
Calories from fat..... 10
Total fat.....1 g
Saturated fat0 g
Monounsaturated fat0 g
Polyunsaturated fat.....0.5 g
Cholesterol..... 10 mg
Fish oil concentrate 1,000 mg
Eicosapentaenoic acid (EPA) 180 mg
Docosahexaenoic acid (DHA) 120 mg
Other Ingredients: Gelatin, glycerin and water (softgel) and vitamin E.
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.



Red Yeast Rice Plus

600 mg with CoQ10, NAC & Milk Thistle

DESCRIPTION

Red yeast rice is a traditional Asian food that dates back to 800 AD. Scientific studies have shown that red yeast rice can help to support healthy cholesterol levels that are already within the normal range. CoQ10, milk thistle and n-acetyl-cysteine are included for added liver support. ‡

Product #10249 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule, 2 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Organic red yeast rice (*Monascus purpureus*) 600 mg
N-acetyl-cysteine 50 mg
Milk thistle..... 25 mg
(*Silybum marianum* 80% [20 mg] silymarin)
Coenzyme Q10 (as ubiquinone) 30 mg
Other Ingredients: Vegetarian capsule (cellulose, water), cellulose, vegetable stearin, magnesium stearate and silica.
Contains NO sugar, salt, dairy, wheat, gluten, preservatives, artificial colors or flavors.

DID YOU KNOW

All Supplements Are Not the Same

At Wellness Works, we seek only the highest quality ingredients for our products. These ingredients are further tested for purity and potency by certified labs.



Berberine Support

With Alpha Lipoic Acid & Grape Seed Extract
Diabetes Management

DESCRIPTION

Berberine Support supplies high-potency berberine combined with alpha lipoic acid and grape seed extract for blood sugar and cardiovascular support. Berberine Support promotes normal homocysteine levels and supports normal blood pressure, blood sugar and cholesterol levels. †

Product #1028 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule, 2 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

- Folate 200 mcg DFE
(as L-methyltetrahydrofolate calcium)
- Berberine (as Berberine HCl) 500 mg
- LeucoSelect® Phytosome™ 50 mg
(Grape seed (*Vitis vinifera*) extract / phosphatidylcholine complex)
- R-alpha lipoic acid 25 mg
- Other ingredients: Hypromellose (capsule), microcrystalline cellulose, vegetarian leucine. Contains soy.



Omega-3 Fish Oil

Enteric-Coated
Healthy Living

DESCRIPTION

Omega-3 Fish Oil Enteric-Coated softgels supply significant amounts of essential omega-3 fatty acids, derived from marine lipid concentrate. Processed by molecular distillation, our formula is an excellent source of these fatty acids, providing 300 mg of eicosapentaenoic acid (EPA) and 200 mg of docosahexaenoic acid (DHA) per capsule.

Product #10314 Size: 60 Softgels
Product #10315 Size: 120 Softgels

SUGGESTED USE

Adults take 1 softgel daily with food, or as directed by your healthcare professional.

One enteric-coated softgel contains:

- Calories 10
- Calories from fat 10
- Total fat 1 g
- Saturated fat 0 g
- Monounsaturated fat 0 g
- Polysaturated fat 0.5 g
- Cholesterol 10 mg
- Fish oil concentrate 1,000 mg
- Eicosapentaenoic acid (EPA) 300 mg
- Docosahexaenoic acid (DHA) 200 mg

Other Ingredients: Gelatin, glycerine and water (softgel), vitamin E, modified cellulose, and triethyl citrate. Molecularly distilled.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.



Vitamin A, D3 & K2

Bone Health

DESCRIPTION

The synergistic combination found in Vitamin A, D3 & K2 capsules helps to support bone structure, density and integrity, proper bone remodeling, calcium utilization, and cardiovascular function. †

Product #10341 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule daily, or as directed by a healthcare professional. Do not take this product if pregnant or nursing.

One vegetarian capsule contains:

- Vitamin A (as retinyl palmitate) 1,500 mcg
- Vitamin D3 (as cholecalciferol) 125 mcg (5,000) IU
- Vitamin K2 (as MK-7) 500 mcg
- Other Ingredients: hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.



Pycnogenol®

50 mg
Men's Health

DESCRIPTION

Pycnogenol contains 40 different plant compounds called oligomeric proanthocyanidin complexes (OPCs) that carry strong antioxidant qualities of potential benefit to human health and physical performance. †

Product #10373 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule, 1-3 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

- Pine bark extract powder 50 mg
(Standardized to 65-75% [32-37 mg] procyanidins)
- Other Ingredients: Cellulose and water (capsule), rice powder, magnesium stearate and silica.
- Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Nitric Oxide Formula

Men's Health

DESCRIPTION

Nitric Oxide Support Formula is a combination of ingredients designed to support healthy nitric oxide levels and to support the integrity of the blood vessel wall.

Product #10365 Size: 309 g

SUGGESTED USE

As a dietary supplement, mix 1 scoop in 8 ounces juice or water and take on an empty stomach, or as directed by a healthcare professional.

One scoop (10.3 g) contains:

- L-citrulline 3,000 mg
- L-arginine 3,000 mg
- L-proline 1,000 mg
- L-lysine 150 mg
- Stevia leaf extract 180 mg
- Other Ingredients: Citric acid, pineapple juice powder, tropical fruit punch flavor, silica, beet juice powder.

Please see the Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Children's Supplements



Vitamin C
500 mg / Orange-Flavored Chewable
Immune Support

DESCRIPTION
Vitamin C 500 mg Chewable contains vitamin C (as sodium ascorbate and ascorbic acid) in an orange-flavored chewable tablet.

Product #10156 Size: 90 Vegetarian Tablets

SUGGESTED USE
Children chew 1 tablet once daily, or as directed by a healthcare professional.

One chewable vegetarian tablet contains:

Vitamin C..... 500 mg
(as sodium ascorbate and ascorbic acid)

Other Ingredients: Fructose, sorbitol, cellulose, vegetable stearin, silica, natural orange flavor, orange juice crystals, magnesium stearate, natural tangerine flavor, and natural pineapple flavor.

Contains NO salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-free, Dairy-free, Vegetarian



Children's Acidophilus
Grape Flavor

DESCRIPTION
Children's Acidophilus is a combination of several probiotics in a grape-flavored chewable. Each chewable provides one billion viable cells. The probiotics in this blend are both acid-resistant and do not require refrigeration.

Product #10227 Size: 60 Chewable Tablets

SUGGESTED USE
Children 5 years and older chew 1 tablet daily with food, or as directed by a healthcare professional.

One chewable tablet contains:

Proprietary probiotic blend..... 1 billion cells
(*Lactobacillus acidophilus* La-14, *Bifidobacterium lactis* B1-04 and *Lactobacillus salivarius* Ls-33)

Other Ingredients: Sorbitol, xylitol, natural grape flavor, vegetable stearin, cellulose, citric acid, maltodextrin, silica, magnesium stearate, luo han guo fruit extract, and carmine color.

Contains NO salt, dairy, wheat, soy, gluten, preservatives, artificial colors or flavors.



Children's Chewable Multivitamin
With Acidophilus

DESCRIPTION
Children's Chewable Multivitamin with Acidophilus is a pleasant tasting, chewable multiple vitamin and mineral formulation of nutrients demonstrated to be essential for the development of children. *Lactobacillus acidophilus* is also included in the product to support GI and immune health.†

Product #10323 Size: 120 Chewable Tablets

SUGGESTED USE
Children 2 years and older chew 1–2 tablets daily with food, or as directed by a healthcare professional.

One chewable tablet contains:

Calories.....	6
Total carbohydrates.....	1 g
Sugar.....	1 g
Vitamin A (as beta carotene).....	5,000 IU
Vitamin C (as ascorbic acid).....	100 mg
Vitamin D (as cholecalciferol).....	400 IU
Vitamin E (as d-alpha tocopheryl succinate).....	30 IU
Vitamin B-1 (as thiamine mononitrate).....	1.5 mg
Vitamin B-2 (as riboflavin).....	1.7 mg
Niacin (as niacinamide).....	20 mg
Vitamin B-6 (as pyridoxine hydrochloride).....	2 mg
Folic acid.....	10 mcg
Vitamin B-12 (as cyanocobalamin).....	6 mcg
Biotin.....	50 mcg
Pantothenic acid (as d-calcium pantothenate).....	10 mg
Calcium (as amino acid chelate).....	20 mg
Iron (as amino acid chelate).....	5 mg
Iodine (as potassium iodide).....	100 mcg
Magnesium (as amino acid chelate).....	10 mg
Zinc (as amino acid chelate).....	10 mg
Copper (as amino acid chelate).....	50 mcg
Manganese (as amino acid chelate).....	50 mcg
Potassium (as amino acid chelate).....	1 mg
Choline.....	10 mcg
Inositol.....	10 mcg
PABA.....	400 mcg
Citrus Bioflavonoids.....	20 mg
<i>Lactobacillus Acidophilus</i>	200 million cells†
Skullcap leaf extract (<i>Scutellaria lateriflora</i>).....	35 mg
Hops strobiles (<i>Humulus lupulus</i>) extract.....	15 mg
Passionflower flowering tops (<i>Passiflora incarnata</i>).....	25 mg

Other Ingredients: Fructose, sorbitol, xylitol, cellulose, vegetable stearin, silica, natural cherry flavor, citric acid, magnesium stearate, luo han guo fruit extract, mixed natural fruit blend, natural vanilla flavor and natural color. Contains soy and milk.

†At time of manufacture.

Contains NO salt, wheat, gluten, preservatives, artificial colors or flavors.



C 500 mg Chewable

500 mg / Orange-Flavored Chewable

Immune Support

DESCRIPTION

C 500 mg Chewable contains vitamin C (as ascorbic acid, calcium ascorbate, sodium ascorbate, magnesium ascorbate) in an orange-flavored chewable tablet.

Product #10379 Size: 90 Chewable Tablets

SUGGESTED USE

As a dietary supplement, chew 1 tablet up to 3 times daily with food, or as directed by a healthcare professional.

One tablet contains:

Vitamin C.....	500 mg
(as ascorbic acid, calcium ascorbate, sodium ascorbate, magnesium ascorbate)	
Niacin (as niacinimide).....	18 mg NE
Citrus bioflavonoid complex.....	25 mg
L-lysine HCl.....	8 mg
Tetrapotassium pyrophosphate.....	3 mg
Alpha D-ribofuranose.....	3 mg
L-cysteine HCl.....	2 mg
L-gluthione.....	1 mg
Other Ingredients: Sorbitol, xylitol, cellulose, orange flavor, stearic acid (vegetable), citric acid, silicon dioxide, monk fruit.	

Wellness Works Nutritional Grand Rounds



Nutritional Networking

A free monthly nutritional interactive presentation held the first Wednesday of each month at 10 a.m. Central Time. Ideal for individuals wishing to enhance their knowledge of clinical nutrition through interactive sharing with others. Hosted by Director of Wellness Works Nutrition, John Preckshot, RPh, CCN, FAARM, and featuring the members of the Wellness Works Design Team.

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Cognitive Support



Acetyl-L-Carnitine

500 mg
Cardiovascular Support

DESCRIPTION
Acetyl-L-Carnitine is the acetylated form of L-carnitine. It supports healthy mitochondrial function and cell membrane stability.† The acetyl group from acetyl-L-carnitine is responsible for production of acetylcholine, an important neurotransmitter for optimal mental functioning, memory and attention.

Product #10003 Size: 30 Vegetarian Capsules

SUGGESTED USE
Adults take 1 capsule, 1-3 times daily between meals, or as directed by a healthcare professional.

One vegetarian capsule contains:
Acetyl L-carnitine..... 500 mg
Other Ingredients: Cellulose, water (capsule), rice powder, magnesium stearate, and silica.
Contains NO sugar, salt, dairy, yeast, soy, wheat, gluten, corn, preservatives, artificial colors or flavors.



L-Carnitine

500 mg with Vitamin B-6
Essential Amino Acids

DESCRIPTION
L-carnitine supplements supply pure, natural L-carnitine in tablet form. L-carnitine has demonstrated the ability to promote oxygenation of heart muscle, support cardiovascular energy, enhance endurance training and maintain healthy lipid metabolism.‡

Product #10095 Size: 30 Tablets

SUGGESTED USE
Adults take take 1 tablet daily between meals, or as directed by a healthcare professional.

One tablet contains:
Vitamin B-6 (as pyridoxine HCl)** 10 mg
CarniPure™*** (L-carnitine L-tartrate) 500 mg
Other ingredients: Cellulose, vegetable stearin, cellulose gum, dicalcium phosphate, silica, magnesium stearate, modified cellulose and food glaze.
**Vitamin B-6 is a cofactor in the metabolism of amino acids.
*** CarniPure™ offers the purest L-carnitine and is a trademark of Lonza Ltd, Switzerland.
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Phosphatidyl Serine Complex

500 mg / A Multifunctional Brain Nutrient
Sleep Support/Children's Supplements

DESCRIPTION
Phosphatidyl Serine Complex softgels contain 500 mg of plant-derived (soy bean) phospholipids supplying 100 mg of phosphatidyl serine (PS). Until recently, PS was only available as a very expensive product derived from bovine sources, with microbiological safety problems. New technology has made it possible to concentrate this important brain nutrient from soy bean lecithin, a safe and well-recognized source of phosphatidyl serine.

Product #10120 Size: 30 Softgels

SUGGESTED USE
As a dietary supplement, adults take 1 softgel, 1 to 3 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Phosphorus.....	10 mg
Potassium.....	3 mg
Phosphatidyl serine complex.....	500 mg
Phosphatidylserine.....	100 mg
Phosphatidylcholine.....	55 mg
Phosphatidylinositol.....	10 mg
Phosphatidylethanolamine.....	20 mg
Linolenic acid.....	10 mg
Linoleic acid.....	85 mg
Oleic acid.....	15 mg
Palmitic acid.....	27 mg
Stearic acid.....	6 mg
Capric acid.....	51 mg
Caprylic acid.....	120 mg

Other Ingredients: Softgel (gelatin, polyglycolic syrup, glycerin, water).
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.



Supporting Memory, Focus and Attention
Naturally!

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Brain Health Support‡

With Ginkgo Biloba & Phosphatidyl Serine

DESCRIPTION

Supporting brain function becomes even more important as we age. This Brain Health Support formula is designed to support mental function and retard the cognitive decline associated with the aging process.‡

Product #10019 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 2 capsules daily with food, or as directed by a healthcare professional.

Two vegetarian capsules contain:

- Ginkgo biloba leaf extract..... 60 mg
(Standardized to 24% [14.4 mg] flavoneglycosides, 6% [4 mg] terpene lactones, 0.8% [0.5 mg] ginkgolide B)
- Phosphatidyl serine complex..... 150 mg
- L-carnitine tartrate..... 100 mg
- DHA powder (docosahexaenoic acid)..... 100 mg
- Choline (as bitartrate)..... 25 mg
- Inositol..... 25 mg
- Other Ingredients: Cellulose and water (capsule), rice powder, silica, magnesium stearate and silica
- Contains NO sugar, salt, yeast, wheat, gluten, preservatives, artificial colors or flavors.



Ginkgo Biloba

Standardized Extract 120 mg
Cardiovascular

DESCRIPTION

Ginkgo Biloba contains 120 mg of the herb Ginkgo biloba in a vegetarian capsule. The active ingredient ginkgo flavone glycosides can help protect the body's structure and function against damage from free radicals, as well as help to maintain healthy circulatory function and mental performance.‡

Product #10065 Size: 50 Vegetarian Capsules

SUGGESTED USE

Adults take 1 vegetarian capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

- Ginkgo biloba leaf extract 50:1..... 120 mg
(Standardized to: 24% [28.8 mg] flavoneglycosides, 6% [7.2 mg] terpene lactones and 0.8% [0.96 mg] Ginkgolide B)
- Other Ingredients: Cellulose and water (capsule), rice powder, magnesium stearate, and silica.
- Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Memory Plus

Enhances Memory Retention and Clarity‡

DESCRIPTION

Memory Plus is a synergistic combination of nutrients which can be helpful in enhancing mental clarity, improving memory retention and improving attention.‡

Product #10270 Size: 60 Capsules

SUGGESTED USE

Adults take 2 capsules, 1–3 times daily, or as directed by your healthcare professional.

Two capsules contain:

- N-acetyl L-carnitine (HCl)..... 500 mg
- Phosphatidylserine 100 mg
- Nattokinase..... 100 mg
- Bacopa monnieri leaf extract..... 100 mg
Yielding bacosides 20 mg
- DMAE (dimethylaminoethanol)..... 100 mg
- Ginkgo biloba 4:1 leaf extract..... 40 mg
- R-Alpha lipoic acid..... 5 mg
- Huperzine A (Huperzine serrata)..... 38 mcg
- Other Ingredients: Vegetable cellulose (capsule), microcrystalline cellulose, and vegetarian leucine. Contains soy.



SAM-e

200 mg / Support for Joints as Well as Mental Health‡
Joint Health

DESCRIPTION

SAM-e tablets deliver 200 mg of S-adenosyl-methionine in an enteric-coated form for added stability.

Product #10130 Size: 30 Tablets

SUGGESTED USE

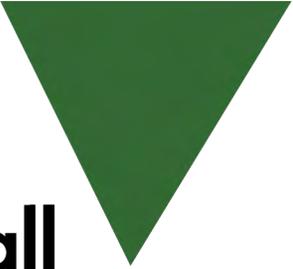
Adults take 1 tablet, 2 times daily between meals, or as directed by a healthcare professional.

One tablet contains:

- SAM-e 200 mg
(from 400 mg of s-adenosyl-l-methionine disulfate tosylate)
- Other Ingredients: Cellulose, silica, magnesium stearate, ethyl cellulose, oleic acid, medium chain triglycerides, sodium alginate, modified cellulose, triacetin, calcium carbonate, and riboflavin (for color).
- Contains NO sugar, salt, dairy, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Putting it all **together** with Wellness Works.

Private, proprietary labeling of 180+ quality nutraceuticals.

Unique, innovative formulations continually added to the line.

Ongoing nutritional education opportunities that make you the vitamin expert.

Online custom-branded sales platform to help expand your business.

Customizable marketing collateral to build your brand loyalty.

The foundation of our professional-grade supplements is *quality*.

TESTED. RELIABLE. PROVEN.

1.800.331.2498 or 281.933.6948 • fax 1.800.874.5760 or 281.933.6637 • www.wellnessworks.com

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Diabetes Management



Chromium Picolinate

200 mcg
Weight Loss

DESCRIPTION

Chromium Picolinate 200 mcg is a trace element supplement that contains chromium bound to picolinic acid, a highly biologically active form of this mineral.

Product #10036 Size: 90 Capsules

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One capsule contains:

Chromium (as picolinate) 200 mcg
Other Ingredients: Gelatin and water (capsule), rice powder and magnesium stearate.
Contains NO sugar, salt, dairy, yeast, what, gluten, corn, soy, preservatives, artificial colors or flavors.



Diabetes Balance[‡]

Healthy Blood Sugar Metabolism Support[‡]
Weight Loss

DESCRIPTION

Diabetes Balance is a complete product that addresses blood sugar function and promotes healthy balance and regulation.[‡]

Product #10305 Size: 60 Capsules
Product #10307 Size: 120 Capsules

SUGGESTED USE

Adults take 3 capsules daily with food, or as directed by a healthcare professional.

Three capsules contain:

Vitamin E (as d-alpha tocopheryl succinate)..... 67 mg 100 IU
Magnesium (as oxide, citrate)..... 400 mg
Zinc (as monomethionine)* 15 mg
Magnesium (as citrate)..... 5 mg
Chromium (as chromium polynicotinate)**400 mcg
Gymnema sylvestre stem extract..... 400 mg
(Standardized to 25% [100 mg] gymnemic acids)
Bitter melon (*Momordica charnta*) fruit extract..... 200 mg
(Standardized to 7.5% [15 mg] bitter principles)
Jerusalem artichoke (*Helianthus tuberosus*) extract 100 mg
Fenugreek (*Trigonella foenum*) extract seed 100 mg
Citrus bioflavonoids..... 100 mg
Milk thistle (*Silybum marianum*) extract seed..... 50 mg
(Standardized to 80% [40 mg] silymarin)
Alpha lipoic acid 25 mg
Ginkgo biloba leaf extract..... 20 mg
(Standardized to 24% [4.8 mg] flavoneglycosides & 6% [1.2 mg] terpenes lactones)
Billberry (*Vaccinium myrtillus*) fruit extract..... 20 mg
(Standardized to 25% [5 mg] anthocyanosides)
Vanadium (as vanadyl sulfate) 5 mg
Lagerstromia speciosa leaf extract*** 2.7 mg
(Standardized to 18% [0.48 mg] corosolic acid)
Other Ingredients: Gelatin, water (capsule), cellulose, magnesium stearate, and silica.
Contains NO sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial color or flavors.

*From L-OptiZinc®, a patented form of zinc.

**From ChromeMate®, a patented form of chromium.

***From GlucoHelp™ brand Lagerstroemia extract.

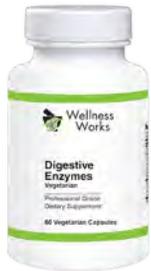


Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Digestion and Gut Support



Digestive Enzymes

Vegetarian

DESCRIPTION

Digestive Enzymes Vegetarian is a comprehensive blend of enzymes that not only facilitate the digestion of macronutrients, but also enhance the digestion of hard to digest foods such as dairy, grains and legumes.

Product #10292 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 vegetarian capsule immediately prior to mealtime, or as directed by a healthcare professional.

One vegetarian capsule contains:

- Plant Enzyme Blend383mg
- Amylase (3,500 DU)
- Glucoamylase (5.25 AGU)
- Lipase (350 FCCLU)
- Protease I pH 3.0 (1.5 SAPU)
- Protease II pH 4.5 (20,000 HUT)
- Protease III pH 6.0 (35,000 HUT)
- Cellulase (200 CU)
- CereCalase™ (250 MU)
- Alpha-Galactosidase (75 GalU)
- Lactase (150 ALU)
- Invertase (150 SU)
- Malt Diastase (325 DP)
- Peptidase (2,500 HUT)
- Bromelain (650,000 FCCPU)
- Papain (250,000 FCCPU)

Other Ingredients: Capsule (cellulose, water), magnesium stearate, silica, and cellulose.

Contains NO sugar, salt, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Digestive Enzymes

with Betaine

DESCRIPTION

Digestive Enzymes with Betaine is a natural dietary digestive supplement specifically formulated with bile, active digestive enzymes and betaine which acts synergistically to assist in the healthy functioning of fat, protein and carbohydrate digestion.

Product #10315 Size: 90 Tablets

SUGGESTED USE

Adults take 2 tablets after each meal, or as directed by a healthcare professional.

Two tablets contain:

- Betaine hydrochloride330 mg
- Pepsin 1:10,000.....195 mg
- Bromelain 600 GDU/g*260 mg
(pineapple [*Ananas comosus* fruit] enzyme)
- Papain NF 2000 USP units/mg260 mg
(papaya [*Carica papaya*] enzyme)
- Ox bile extract.....260 mg
- Pancreatin USP 8X250 mg
- Amylase 50,000 USP units
- Protease 50,000 USP units
- Lipase..... 4,000 USP units
- Fennel seed powder50 mg

Other Ingredients: Dicalcium phosphate, cellulose, vegetable stearin, peppermint leaf flavor, silica, magnesium stearate and food glaze with peppermint oil.

*GDU (Gelatin Digestive Units) are a measure of the relative strength of digestive aids.

Contains NO dairy, yeast, wheat, corn, preservatives, artificial colors or flavors.



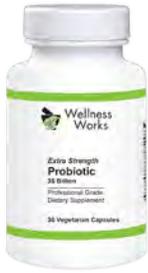
DID YOU KNOW?

Over **70%**

of the immune support lies within the gut?

1.800.331.2498 or 281.933.6948 • fax 1.800.874.5760 or 281.933.6637 • www.wellnessworks.com

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Extra Strength Probiotic

35 Billion

DESCRIPTION

Each Extra Strength Probiotic capsule contains over 35 billion beneficial organisms from *Lactobacillus* and *Bifidobacterium* genera with additional benefits of prebiotic fructooligosaccharides.

Product #10224 Size: 30 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

- Proprietary probiotic blend..... (35 billion cells per capsule)
 - Lactobacilli acidophilus* (La-14)
 - Bifobacterium lactis* Bl-04
 - Lactobacilli salvarius* (Ls-33)
 - Lactobacilli plantarum* (Lp-115)
 - Bifidobacterium bifidum* (Bb-02)
 - Bifidobacterium longum* (Bl-05)
 - Lactobacilli rhamnosus* (Lr-32)
 - Lactobacilli bulgaricus* (Lb-64)
- Prebiotic blend (FOS, FiberAid® arabinogalactans)50 mg
- Other Ingredients: Vegetarian capsule (cellulose, water), cellulose, silica, magnesium stearate, and calcium silicate.
- Contains NO salt, dairy, wheat, gluten, preservatives, artificial colors or flavors.



Gluten Digestive Enzymes

Gluten-Specific Digestive Enzyme Formula

DESCRIPTION

Gluten Digestive Enzymes is a natural dietary supplement specifically formulated with enzymes known to enhance the digestion of gluten. The addition of acidophilus and prebiotics further enhances the digestion of gluten in the diet.[‡]

Product #10324 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 2 vegetarian capsules approximately 10–15 minutes prior to a meal, or as directed by a healthcare professional.

Two vegetarian capsules contain:

- Gluten enzyme formula850 mg
- Acid-stable protease (*Aspergillus oryzae/niger*).....75,000 HUT
- Protease FCC (*Aspergillus oryzae/niger*) 120,000 HUT
- Protease FCC (*Bacillus subtilis*) 20,000 PC
- Protease USP (*Carica papaya*)..... 15,000 USP
- Amylase I FCC (*Aspergillus oryzae*)5,000 DU
- Amylase II FCC (*Bacillus subtilis*)6,150 BAU
- Glucosylase FCC (*Aspergillus niger*) 15.5 AGU
- Cellulase FCC (*Trichoderma reesei*)520 CU
- FloraFi™3 mg
- Lactobacillus acidophilus* La-14 (500 million DFU)*
- Larch arabinogalactan (FiberAid®) 10 mg
- Fructooligosaccharides FOS 10 mg
- Other Ingredients: Vegetarian capsule (cellulose, water), cellulose, magnesium stearate and silica.
- Contains NO sugar, salt, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.



Gut Restorative PRP

DESCRIPTION

An all-natural supplement comprised of bovine colostrum for supporting a healthy immune system. Bovine colostrum is an abundant source of immunoglobulins, as well as live cells that secrete key proteins including cytokines, lactoferrin, and proline-rich polypeptides (PRP). Supplementing with bovine colostrum has been shown to bolster the lining of the gastrointestinal tract and fight inflammation.

Product #10361 Size: 120 Capsules

SUGGESTED USE

Adults take 4 capsules, 2 times daily, or as directed by a healthcare professional.

Four capsules contain:

- Calories 10
- Calories from fat 0
- Protein 1 g
- Colostrum (bovine) 1,720 mg
- Typically provides:
 - Immunoglobulin G (IgG).....550 mg
 - Other immunoglobulins (IgA, IgM).....44 mg
 - Proline-rich polypeptides80 mg
 - Lactoferrin8 mg
- Other ingredients: Cellulose (vegetable capsule), silica.
- Contains milk proteins.
- Contains NO soy, wheat, egg, fish, shellfish, tree nuts, peanuts, artificial colors or preservatives.



Colon Health Support[‡]

DESCRIPTION

Colon Health Support is a gluten-free dietary supplement designed to help balance, soothe and replenish the gastrointestinal tract.[‡]

Product #10370 Size: 120 Capsules

SUGGESTED USE

Adults take 4 capsules daily between meals, or as directed by a healthcare professional. Recommended amount can be divided throughout the day.

Four capsules contain:

- Proprietary Balance Blend 1,395 mg
- Soluble fiber (Fibersol-2® brand), psyllium seed husk, FOS, (fructooligosaccharides), flaxseed meal, apple pectin
- Proprietary Soothe Blend.....780 mg
- N-acetyl glucosamine (from shrimp & crab), L-glutamine, peppermint, chamomile, aloe leaf powder, horsetail rush (*Equisetum Arvense*) herb powder, rosemary, ginger root powder
- Antioxidant Blend.....190 mg
- Alfalfa powder, spirulina, beet juice powder, chlorella-cracked cell powder, parsley juice powder, broccoli powder, red raspberry powder, acerola berry juice powder, cranberry juice powder, watercress, blessed thistle
- Detoxification Blend 160 mg
- Arabinogalactans, bentonite clay, olive leaf extract, black walnut (green hull) powder, kelp, artichoke, burdock, garlic, dandelion root
- Other Ingredients: Vegetable cellulose, microcrystalline cellulose, vegetable stearate.
- Contains: Shrimp, crab and tree nuts (black walnut).

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



SporeBiotic Max

DESCRIPTION

SporeBiotic Max is a unique approach to establishing gut flora and restoring the microbiome. The four *Bacillus*-based strains used in the product, *Bacillus subtilis*, *Bacillus coagulans*, *Bacillus mesentericus*, and *Bacillus clausii*, provide a more effective approach to probiotic therapy than conventional bacteria-based formulations.

Product #10396 Size: 30 Capsules

SUGGESTED USE

Adults take 1 capsule daily, or as directed by a healthcare professional.

One Capsule Contains:

- Proprietary blend 50 Billion CFU400 mg
- B. clausii* B106
- B. mesentericus* HS52
- B. subtilis* HS43
- B. coagulans* HS243

Other Ingredients: Microcrystalline cellulose (USP), vegetable capsule (cellulose, purified water).

Contains NO artificial colors, artificial flavors, milk or milk derivatives. No sodium added.



L-Glutamine 500 mg

Essential Amino Acids

DESCRIPTION

L-glutamine is utilized by the body for tissue repair, GI tract support and natural defense system function. ‡ L-Glutamine 500 mg tablets contain 500 mg of pure crystalline L-glutamine (USP).

Product #10096 Size: 100 Tablets

SUGGESTED USE

Adults take 1 tablet, 1 to 3 times daily with food, or as directed by a healthcare professional.

One tablet contains:

- L-glutamine500 mg

Other Ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, modified cellulose, silica, and magnesium stearate.

Our L-Glutamine is a pure crystalline, free form amino acid.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



FOS Powder

DESCRIPTION

FOS Powder supplies 3,000 mg of fructooligosaccharides per serving.

Product #10246 Size: 5 oz Powder

SUGGESTED USE

Adults take 1 teaspoon daily with juice or water, or as directed by a healthcare professional.

One teaspoon contains:

- Fructooligosaccharides (FOS)3,000 mg

Contains NO yeast, soy protein, wheat gluten, milk/dairy, corn, sodium, sugar, starch, artificial coloring, preservatives or flavoring.



SporeBiotic Max

For healthier immune function and gut health.



A more effective approach to probiotic therapy than conventional bacteria based formulations.



SporeBiotic Max contains four *Bacillus*-based strains.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Probiotic Daily Support

With 5 Billion CFU

Healthy Living

DESCRIPTION

Each Probiotic Daily Support capsule contains over 5 billion beneficial organisms, including representatives of both the *Lactobacillus* and *Bifidobacterium* genera, mixed in a base of prebiotic fructooligosaccharide.

Product #10310 Size: 60 Vegetarian Capsules

SUGGESTED USE

As a dietary supplement, adults take 1 vegetarian capsule daily with food, or as directed by a health care professional.

One vegetarian capsule contains:

- Proprietary probiotic blend.....5 billion cells per cap
- Lactobacilli acidophilus* La-14
- Bifidobacteria lactis* Bl-04
- Lactobacilli salvarius* Ls-33
- Lactobacilli plantarum* Lp-115
- Bifidobacteria bifidum* Bb-02
- Bifidobacteria longum* Bl-05
- Lactobacilli rhamnosus* Lr-32
- Lactobacilli bulgaricus* Lb-64
- Prebiotic blend.....60 mg
(FOS, Fiberaid® Arabinogalactan)
- Other Ingredients: Capsule (cellulose, water) cellulose, silica, magnesium stearate and calcium silicate.
- Contains NO sugar, salt, dairy, wheat, gluten, preservatives, artificial colors or flavors.



Saccharomyces Boulardii

250 mg

Balances Flora and Promotes Intestinal Health†

DESCRIPTION

Saccharomyces Boulardii is a natural, non-pathogenic yeast that has been shown to maintain and restore the healthy ecology of the small and large intestine.‡

Product #10356 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule, 2 times daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

- Saccharomyces boulardii*.....250 mg
(providing 5 billion live organisms*)
- Other ingredients: Microcrystalline cellulose, vegetable capsule, magnesium stearate (vegetable source), and silicon dioxide.
- *At time of manufacture.
- Contains NO gluten or dairy.



L-Glutamine Powder

Essential Amino Acids

DESCRIPTION

L-glutamine is utilized by the body for tissue repair, GI tract support and natural defense system function. ‡ L-Glutamine Powder provides 4 grams of pure L-glutamine (USP) per teaspoon.

Product #10097 Size: 10.6 oz. (300 g) Powder

SUGGESTED USE

Adults take 1 scoop in 8 ounces of water, 1 to 3 times daily, or as directed by a healthcare professional.

One teaspoon (one scoop) contains:

- L-glutamine5,000 mg
- Our L-glutamine powder is 100% free-form amino acid.
- Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Probiotic Mega Blend DF

Non-Dairy Probiotic Formulation

DESCRIPTION

Probiotic Mega Blend DF is a non-dairy probiotic formulation produced from an all-natural source of beneficial microorganisms and FOS to support digestive tract health. ‡ At 15 billion CFU, Probiotic Mega Blend DF can be recommended for children, adults and the elderly.

Product #10296 Size: 120 Vegetarian Capsules

SUGGESTED USE

- Initially, take the following amounts 2 times daily after breakfast and dinner until results occur, or as directed by a healthcare professional.
- Child: 1 capsule, Adult: 2 capsules, Senior: 3 capsules
- Maintenance: Take recommended amount 1 time daily after breakfast.

Three vegetarian capsules contain:

- Stabilized Nondairy Probiotic Bacteria Complex (15 billion CFU).....185.65 mg
- Fructooligosaccharides (FOS), *Lactobacillus acidophilus*, *Bifobacterium lactis*, *Lactobacillus casei*, *Streptococcus thermophilus*, *Bifobacterium breve*, *Lactobacillus rhamnosus*, *Bifobacterium longum*, *Bifobacterium bifidum*
- Other Ingredients: Microcrystalline cellulose, vegetable cellulose (capsule), ascorbyl palmitate.

DID YOU KNOW

All Supplements Are Not the Same

At Wellness Works, we seek only the highest quality ingredients for our products. These ingredients are further tested for purity and potency by certified labs.

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Essential Nutrients & Healthy Living



L-Lysine

500 mg

DESCRIPTION

L-Lysine supplies 500 mg of the amino acid in each tablet.

Product #10099 Size: 100 Tablets

SUGGESTED USE

Adults take 1 tablet, 1–3 times daily between meals, or as directed by a healthcare professional.

One tablet contains:

L-lysine (as hydrochloride) 500 mg

Other Ingredients: Cellulose, vegetable stearin, dicalcium phosphate, magnesium stearate, silica and food glaze.

Our L-lysine is a pure crystalline, free form amino acid.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-free, Dairy-free



Potassium 99 mg

As Amino Acid Chelate

Cardiovascular Support

DESCRIPTION

Potassium 99 mg tablets supply 99 mg of elemental potassium from 495 mg of potassium amino acid complex.

Product #10122 Size: 250 Tablets

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Potassium (as amino acid complex) 99 mg

Other Ingredients: Cellulose, vegetable stearin, cellulose gum, dicalcium phosphate, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Folic Acid

800 mcg with Vitamin B-12

Women's Health, Essential Nutrients

DESCRIPTION

Folic Acid 800 mcg supplies 200% of the recommended dietary intake for folic acid in an easy to swallow tablet.

Product #10063 Size: 200 Tablets

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Folic acid 800 mcg

Vitamin B-12 (as cyanocobalamin) 25 mcg

Other Ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Selenium

200 mcg as L-Selenomethionine

Optimal Aging/Longevity

DESCRIPTION

Selenium contains 200 mcg of bioavailable selenium per capsule.

Product #10132 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One capsule contains:

Selenium (from high selenium yeast)* 200 mcg

Other Ingredients: Gelatin and water (capsule), rice powder, cellulose, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

*From SelenoExcell® a registered trademark of Cypress Systems, Inc.



Niacin
100 mg
Cardiovascular Support

DESCRIPTION
Niacin tablets provide 100 mg of pure niacin in a scored, uncoated tablet which can be broken in half when lower dosage is desired.

Product #10113 Size: 100 Vegetarian Tablets

SUGGESTED USE
Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:
Niacin 100 mg

Other Ingredients: Cellulose, dicalcium phosphate, vegetable stearin, cellulose gum, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, gluten, wheat, corn, soy, preservatives, artificial colors or flavors.



Vitamin B-12
Cyanocobalamin 500 mcg
Drug-Induced Nutrient Depletion

DESCRIPTION
Vitamin B-12 tablets dissolve rapidly, releasing 500 mcg of pure vitamin B-12.

Product #10150 Size: 100 Tablets

SUGGESTED USE
Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:
Vitamin B-12 (as cyanocobalamin) 500 mcg

Other ingredients: Cellulose, vegetable stearin, cellulose gum, dicalcium phosphate, modified cellulose, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, gluten, wheat, corn, soy, preservatives, artificial colors or flavors.



Vitamin B-Complex
100 mg Long-Acting Formula
Women's Health, Optimal Aging/Longevity

DESCRIPTION
Vitamin B-Complex is a sustained release supplement that provides a full spectrum of the essential B-complex vitamins.

Product #10153 Size: 100 Vegetarian Tablets

SUGGESTED USE
Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

Vitamin B-1 (as thiamine HCl)	100 mg
Vitamin B-2 (as riboflavin)	100 mg
Niacin (as niacinamide)	100 mg
Vitamin B-6 (as pyridoxine HCl)	100 mg
Folate667 mcg DFE
(400 mcg folic acid)	
Vitamin B-12 (as cyanocobalamin)	100 mcg
Biotin	100 mcg
Pantothenic acid (as d-calcium pantothenate)	100 mg
Choline (as bitartrate)40 mg
Para aminobenzoic acid	100 mg
Inositol	100 mg

Other Ingredients: Modified cellulose, vegetable stearin, cellulose, food glaze with vanilla flavor, silica, magnesium vegetable stearate, alfalfa, brown rice bran, parsley and watercress.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Vitamin B-6
Pyridoxine 100 mg
Drug-Induced Nutrient Depletion

DESCRIPTION
Vitamin B-6 supplies 250 mg of vitamin B-6 (pyridoxine) in each vegetarian tablet.

Product #10152 Size: 100 Vegetarian Tablets

SUGGESTED USE
Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:
Vitamin B-6 (as pyridoxine HCl) 100 mg

Other Ingredients: Dicalcium phosphate, cellulose, vegetable stearin, cellulose gum, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Vitamin D3
5,000 IU
Immune Support, Optimal Aging/Longevity

DESCRIPTION
Vitamin D3 5,000 IU contains 5,000 IU of natural vitamin D3 per tablet.

Product #10252 Size: 100 Softgels

SUGGESTED USE
Adults take 1 softgel daily with food, or as directed by a healthcare professional.

One softgel contains:
Vitamin D3 (as cholecalciferol) 125 mcg (5,000 IU)

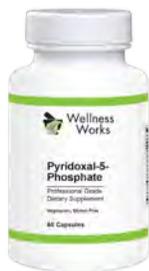
Other Ingredients: Gelatin, glycerin and water (softgel), safflower oil, and cholecalciferol.

Cholecalciferol (D3) is a natural, highly bioavailable form of vitamin D derived from lanolin.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Pyridoxal-5-Phosphate

A Vitamin B-6 Supplement
Women's Health, Optimal Aging/Longevity

DESCRIPTION
Pyridoxal-5-Phosphate provides 33.8 mg of pyridoxal-5-phosphate per each capsule.

Product #10308 Size: 60 Vegetarian Capsules

SUGGESTED USE
Adults take 1 capsule, 2-4 times daily, or as directed by a healthcare professional.

One capsule contains:
Vitamin B-6 (from 50 mg pyridoxal-5-phosphate).....33.8 mg
Other Ingredients: Microcrystalline cellulose, vegetable cellulose (capsule) and vegetarian leucine.



Perfect E

All 8 Vitamin E Compounds
Cardiovascular Support

DESCRIPTION
Perfect E features the complete family of vitamin E compounds. Until recently, most vitamin E supplements only contained alpha-tocopherol – one of the most active forms of vitamin E. But research has demonstrated the importance of consuming the entire family of vitamin E compounds.

Product #10250 Size: 30 Softgels

SUGGESTED USE
Adults take 1 softgel daily with food, or as directed by a healthcare professional.

One softgel contains:
Vitamin E (as d-alpha tocopherol)..... 400 IU
Mixed Tocopherols
d-gamma tocopherol400 mg
d-delta tocopherol9 mg
d-beta tocopherol.....7 mg
Tocotrienols (from palm)
Gamma tocotrienol 19 mg
Delta tocotrienol6 mg
Alpha tocotrienol12 mg
Beta tocotrienol..... 1 mg

Other Ingredients: Gelatin, glycerin, and water. Contains soy.
Contains NO sugar, salt, dairy, yeast, gluten, wheat, corn, preservatives, artificial colors or flavors.



Magnesium & Potassium Aspartate

299 mg

DESCRIPTION
Magnesium and Potassium Aspartate capsules deliver 200 mg of elemental magnesium and 99 mg of potassium in their bioavailable aspartate forms in each 3 capsule serving.

Product #10349 Size: 90 Capsules

SUGGESTED USE
Adults take 3 capsules daily with food, or as directed by a healthcare professional.

Three capsules contain:
Magnesium200 mg
(as magnesium malate and magnesium aspartate)
Potassium (as potassium aspartate).....99 mg
Other Ingredients: Rice flour, pullulan (capsule), glycerol behenate, modified food starch with medium chain triglycerides, and silicon dioxide.
Contains NO sugar, yeast, corn, wheat, soy, preservatives, artificial colors or flavors.



D3 5000 IU

(125 mcg) Vitamin D3
Immune Support, Optimal Aging/Longevity

DESCRIPTION
D3 5000 IU is a highly bioavailable form of vitamin D3 (cholecalciferol) providing 5,000 IU per softgel.

Product #10383 Size: 120 Softgels

SUGGESTED USE
Adults take one softgel daily, or as directed by a healthcare professional. It is recommended that serum 25 (OH) vitamin D levels be monitored to confirm acceptable levels are being obtained. Do not exceed recommended dosage unless directed by a healthcare professional.

One softgel contains:
Vitamin D3 (as cholecalciferol) 125 mcg (5,000 IU)
Other Ingredients: Safflower oil, olive oil, gelatin, glycerin and water.



5-MTHF

1,000 mcg
Drug-Induced Nutrient Depletion

DESCRIPTION
The most biologically active form of the folic acid, 5-methyltetrahydrofolate (5-MTHF), is a form of folate supplementation targeted to individuals with genetic enzyme deficiencies, digestive system challenges or poor liver function which prevents them from converting folic acid in food or supplements into 5-MTHF.

Product #10342 Size: 60 Vegetarian Capsules

SUGGESTED USE
Adults take 1 capsule daily, or as directed by a healthcare professional.

One capsule contains:
Folate 1,000 mcg DFE
(as L-methyltetrahydrofolate calcium)
Other Ingredients: Microcrystalline cellulose, hypromellose (capsule), vegetarian leucine.



Vitamin C Buffered

500 mg Antioxidant
Immune Support

DESCRIPTION

Vitamin C Buffered 500 mg contains vitamin C in a buffered ascorbate form. All vitamin C must link up with a mineral like ascorbate before it can be absorbed into the bloodstream. Because Vitamin C Buffered 500 mg is in the ascorbate form, it helps prevent stomach irritation that is common in non-buffered formulas.

Product #10385 Size: 90 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule 1-3 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

- Vitamin C (as ascorbic acid and mineral ascorbates)..... 500 mg
- Calcium (as Ca carbonate and Ca ascorbate) 45 mg
- Magnesium (as Mg ascorbate)..... 20 mg
- Zinc (as Zn ascorbate) 1.3 mg
- Manganese (as Mn ascorbate) 0.1 mg
- Potassium (as K citrate) 30 mg
- Pectin 50 mg
- Mixed citrus bioflavonoids 50 mg
(rose hips, orange, lemon, grapefruit, acerola cherry, hesperidin, rutin)
- Other Ingredients: Hypromellose (capsule), silica, vegetarian leucine.



Vitamin C 1000 mg Complex

Ultra-Potent Blend for Antioxidant Support
Immune Support

DESCRIPTION

Vitamin C 1000 mg Complex is a comprehensive vitamin C formula featuring patented Quali®C in conjunction with multiple synergistic nutrients.

Product #10384 Size: 90 Vegetarian Tablets

SUGGESTED USE

Adults take one tablet 1-2 times daily, or as directed by a healthcare professional.

One vegetarian tablet contains:

- Vitamin C..... 1,000 mg
(from calcium ascorbate, ascorbic acid [Quali®C], niacinamide ascorbate, sodium ascorbate, potassium ascorbate and magnesium ascorbate)
- Niacin (as niacinamide).....70 mg NE
- Calcium (from calcium ascorbate) 70 mg
- Sodium 12 mg
- L-lysine..... 33 mg
- Citrus bioflavonoid complex 32 mg
(Standardized to 50% [16 mg] full spectrum bioflavonoids)
- Tetra-sodium pyrophosphate 14 mg
- Alpha D-ribofuranose 13 mg
- Xylitol 9 mg
- L-cysteine 8 mg
- L-glutathione 5 mg
- Other Ingredients: Microcrystalline cellulose, croscarmellose sodium, purified water, vegetable stearic acid, vegetable magnesium stearate, hydroxypropyl methylcellulose, silica, glycine.



Vitamin C Buffered

1000 mg Antioxidant
Immune Support

DESCRIPTION

Vitamin C Buffered 1000 mg contains vitamin C in a buffered ascorbate form. All vitamin C must link up with a mineral like ascorbate before it can be absorbed into the bloodstream. Because Vitamin C Buffered 1000 mg is in the ascorbate form, it helps prevent stomach irritation that is common in non-buffered formulas.

Product #10386 Size: 90 Vegetarian Tablets

SUGGESTED USE

Adults take 1 tablet 1-3 times daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

- Vitamin C..... 1,000 mg
(as ascorbic acid and Mg, Ca, Zn & Mn ascorbates)
- Calcium (as Ca Carbonate & Ca ascorbate)70 mg
- Magnesium (as Mg ascorbate).....40 mg
- Zinc (as Zn ascorbate) 2.5 mg
- Manganese (as Mn ascorbate) 0.1 mg
- Potassium (as K citrate) 60 mg
- Citrus pectin 100 mg
- Mixed citrus bioflavonoids 100 mg
containing: mixed citrus bioflavonoid peel complex (orange, lemon and/or grapefruit bioflavonoids), rose hips (*Rosa caina*) fruit powder, acerola cherry (*Malpighia glabra L.*) fruit powder, rutin and hesperidin bioflavonoid complex.
- Other Ingredients: Vegetable stearate, croscarmellose sodium, silicon dioxide, microcrystalline cellulose, stearic acid, hydroxypropyl methylcellulose.



Zinc 30 mg with Copper

30 mg Zinc Picolinate / 2 mg Copper Gluconate
Men's Health

DESCRIPTION

Zinc 30 mg with Copper is a highly bioavailable zinc supplement. Copper gluconate 2 mg has been added to offset copper deficiency caused by high-dose or long-term usage of zinc as a daily supplement.

Product #10391 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule 1-2 times daily, or as directed by a healthcare professional.

Two capsules contain:

- Zinc (as zinc picolinate).....30 mg
- Copper2 mg
(as copper gluconate and sodium copper chlorophyllin)
- Pea powder..... 100 mg
- Millet flour.....50 mg
- Lenil powder.....50 mg
- Chlorophyll (as sodium copper chlorophyllin) 1 mg
- Other Ingredients: Rice flour, gelatin, vegetable lubricant.

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Essentials

MultiVitamin & Mineral Without Iron

DESCRIPTION

Essentials MultiVitamin & Mineral Without Iron is a comprehensive high-potency multivitamin and mineral formula that provides high levels of most essential nutrients including the B-complex vitamins as well as vitamins A, C, D and E. This formula includes patented and trademarked ingredients, all of which are backed by scientific studies demonstrating their efficacy and safety.

Product #10054 Size: 60 Vegetarian Tablets

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

Vitamin A (as beta carotene)	10,000 IU
Vitamin C (as ascorbic acid).....	250 mg
Vitamin D (as cholecalciferol)	400 IU
Vitamin E (as d-alpha).....	150 IU
Vitamin B-1	75 mg
Vitamin B-2 (as riboflavin)	75 mg
Niacin (as niacinamide).....	75 mg
Vitamin B-6	75 mg
Folic Acid.....	400 mcg
Vitamin B-12	75 mcg
Biotin.....	75 mcg
Pantothenic acid	75 mg
Calcium (as amino acid chelate)	50 mg
Iodine (from kelp).....	150 mcg
Magnesium (as amino acid chelate)	7.2 mg
Zinc (as methionine)*	10 mg
Selenium (as L-selenomethionine).....	35 mcg
Copper	1 mg
Manganese (as amino acid chelate).....	6.1 mg
Chromium (as polynicotinate)*	100 mcg
Molybdenum	50 mcg
Potassium (as amino acid chelate).....	10 mg
Choline (as bitartrate).....	30 mg
Inositol.....	75 mg
Para amino benzoic acid.....	75 mg
Citrus bioflavonoids.....	25 mg
Hesperidin complex.....	5 mg
Betaine hydrochloride.....	25 mg
Glutamic acid.....	25 mg
Rutin.....	25 mg

Other Ingredients: Rice bran, alfalfa, parsley, watercress, natural vanilla, magnesium stearate, cellulose, modified cellulose, modified cellulose gum, vegetable stearin, dicit. May contain one or more of the following: magnesium stearate, cellulose, modified cellulose, modified cellulose gum, vegetable stearin, dicalcium phosphate, silica, and food glaze. Contains soy

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.

*From L-OptiZinc®, a unique patented 1:1 complex of zinc and methionine, which increases zinc absorption.

**From ChromeMate®, a unique, patented brand of niacin bound chromium (polynicotinate).



Methyl B-12 Drops

Drug-Induced Nutrient Depletion

DESCRIPTION

Methyl B-12 Drops is a dietary supplement that helps support energy as well as healthy blood and nerve cells. Methyl B-12 Drops contains 5,000 mcg of vitamin B-12 along with the active form of vitamin B-6 and folate per 1 mL.

Product #10397 Size: 1.0 fl. oz. (30 mL)

SUGGESTED USE

Adults take 1 mL daily, or as directed by a healthcare professional.

1 mL contains:

Vitamin B6	10 mg
(as pyridoxal-5-phosphate & pyridoxine HCl)	
Folate.....	833.33 mcg DFE
(500 mcg folic acid)	
Vitamin B-12	5,000 mcg
(as methylcobalamin & hydroxocobalamin)	
Other Ingredients: Glycerin, water and potassium citrate.	



Methyl B-12 Lozenges

3,000 mcg

Drug-Induced Nutrient Depletion, Cardiovascular Support

DESCRIPTION

Methylcobalamin requires no conversion and is the most active and effective form of vitamin B-12.

Product #10302 Size: 50 Lozenges

SUGGESTED USE

Adults take 1 lozenge daily and allow to dissolve in mouth, or as directed by a healthcare professional.

One lozenge contains:

Vitamin B-6 (as pyridoxine HCl).....	10 mg
Folate	667 mcg DFE
(400 mcg folic acid)	
Vitamin B-12 (as methylcobalamin).....	3,000 mcg
Biotin.....	300 mcg
Other Ingredients: Fructose, sorbitol, cellulose, gum, natural cherry flavor, vegetable stearin, carmine, luo han guo fruit extract, silica, mannitol and dextrose.	
Contains NO salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.	



Essentials Performance

Sport Nutrition

MultiVitamin & Mineral

DESCRIPTION

Essentials Performance combines a multivitamin and mineral formula with a whole-food base to provide the added support of nutrients not found in a typical multivitamin. Essentials Performance is a comprehensive food-based multi, which contains all essential vitamins and minerals along with nutrient dense food extracts, herbs and other plant-based bioactive compounds.

Product #10055 Size: 90 Vegetarian Tablets

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Essentials Performance (Continued)

Three vegetarian tablets contain:

Vitamin A (as beta carotene) 12,000 IU	7,200 mcg
Vitamin C (as ascorbic acid).....	1,000 mg
Vitamin D3 400 IU.....	10 mcg
Vitamin E (as d-alpha).....	200 mg
Vitamin B-1 (as thiamine HCl).....	25 mg
Vitamin B-2 (as riboflavin).....	25 mg
Niacin (as niacin, niacinamide).....	25 mg
Vitamin B-6 (as pyridoxine HCl).....	25 mg
Folate 400 mcg folic acid.....	667 mcg DFE
Vitamin B-12 (as cyanocobalamin).....	250 mcg
Biotin.....	50 mcg
Pantothenic acid.....	25 mg
Choline (from choline bitartrate).....	50 mg
Calcium (from chelate).....	200 mg
Iron (from iron chelate).....	5 mg
Iodine (from kelp).....	150 mcg
Magnesium (from chelate).....	100 mg
Zinc (as methionine).....	10 mg
Selenium (as methionine).....	25 mcg
Copper (from citrate).....	0.5 mg
Manganese (from chelate).....	4 mg
Chromium (as polynicotinate).....	50 mcg
Molybdenum (from chelate).....	50 mcg
Potassium (from chelate).....	50 mg
Whole Food Phytoalgae & Greens Blend:	
Spirulina.....	1,020 mg
Klamath lake algae.....	10 mg
Wheat grass juice.....	100 mg
Sprouted barley powder.....	50 mg
Chlorella (broken cell wall).....	50 mg
Inositol.....	25 mg
PABA***.....	25 mg
Citrus bioflavonoids.....	100 mg
Quercetin dihydrate.....	25 mg
Rutin.....	25 mg
Hesperidin.....	10 mg
Boron (from chelate).....	1 mg
Silicon (from silicon dioxide).....	5 mg
L-glutathione (reduced).....	5 mg
Bee pollen.....	100 mg
<i>Eleutherococcus</i> root.....	50 mg
Garlic.....	10 mg
Bromelain 2400 GDU/g.....	20 mg
Betaine HCl.....	20 mg
Papain.....	20 mg
Amylase.....	5 mg
Lipase.....	5 mg
Cellulase.....	2.5 mg
L. acidophilus.....	2 mg
Oat bran.....	25 mg
Apple pectin.....	25 mg
Dandelion root.....	12 mg
Barberry.....	12 mg
Gentian root.....	12 mg
Ginger root.....	12 mg
Cayenne.....	12 mg
Components in Whole Food PhytoAlgae & Greens Blend	
Chlorophyll.....	16 mg
Carotenoids.....	17 mg
Other ingredients: Cellulose, modified cellulose gum, stearic acid, silica, magnesium stearate, and dicalcium phosphate. Contains soy.	
Contains NO sugar, salt, dairy, yeast, corn, preservatives, artificial colors or flavors.	

Flax Seed Oil

1000 mg
100% Organic / Lignan Rich Virgin Oil



DESCRIPTION

Flax Seed Oil is nature's most concentrated source of alpha-linolenic acid (ALA), an essential omega-3 fatty acid. Flax Seed Oil provides 55–60% ALA as well as significant amounts of oleic acid and the essential linoleic acid in their natural triglyceride forms. Flax Seed Oil is extracted without the damaging effects of heat, light and oxygen using a mechanical expeller press. Using this process, the oil is never exposed to temperatures above 96°F, and it retains its natural color and contents of naturally occurring fatty acids, phosphatides, vitamins, minerals and antioxidants.

Product #10062 Size: 90 Softgels

SUGGESTED USE

Adults take 1 softgel, 1–2 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Calories.....	10
Calories from fat.....	10
Total fat.....	1 g
Organic flax seed oil (<i>Linum usitatissimum</i>)*.....	1,000 mg
Alpha linolenic acid (ALA).....	550 mg
Cis-linoleic acid (LA).....	150 mg
Oleic acid.....	140 mg

Other Ingredients: Softgel (gelatin, glycerin, water) and carob.

* From organic flax seed oil. Flax oil is a source of alpha linolenic acid, cis-linoleic acid, and loeic acid.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Vision Health[‡]

Helps Support Normal Vision[‡]



DESCRIPTION

Vision Health provides antioxidant vitamins, minerals and botanical extracts to help combat free radical damage and to help support healthy vision.[‡]

Product #10375 Size: 60 Capsules

SUGGESTED USE

Adults take 2 capsules daily with food, or as directed by a healthcare professional.

One capsule contains:

Vitamin C (as ascorbic acid).....	50 mg
Zinc (as monomethionine).....	5 mg
Selenium (as amino acid complex).....	50 mcg
Bilberry (<i>Vaccinium myrtillus</i>) fruit extract.....	60 mg
(Standardized to 25% [15 mg] anthocyanosides)	
Eyebright (<i>Euphrasia officinalis</i>) herb.....	50 mg
Lutein from marigold (<i>Tagetes erecta</i>) blossoms.....	6 mg
lycopene (from tomatoes).....	5 mg
Quercetin.....	25 mg
Citrus bioflavonoids.....	50 mg
L-taurine.....	50 mg
Mixed carotenoids (from <i>D. Salina</i>).....	3,000 mcg RAE (5,000 IU)
Beta carotene.....	2,832 mcg RAE (4,725 IU)
Other carotenoids.....	165 mcg RAE (275 IU)
Other Ingredients: Rice powder, capsule (gelatin, water), magnesium stearate and silica. Contains soy.	
Contains NO sugar, wheat, gluten, artificial colors or flavors.	

Please see the Wellness Works product order form for current pricing.

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Active Life Nutrient Capsules

Multivitamin and Mineral

Sports Nutrition

DESCRIPTION

Active Life Nutrient Capsules are a balanced vitamin, mineral and trace element supplement with over 22 essential nutritional ingredients in a convenient once daily capsule.

Product #10271 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Vitamin A (as 50% retinyl acetate, 50% mixed carotenoids)	1,050 mcg
Vitamin C (as ascorbic acid)	150 mg
Vitamin D3 (as cholecalciferol) 2,000 IU	50 mcg
Vitamin E (as d-alpha tocopheryl succinate)	20.1 mg
Vitamin K2 (as menaquinone-7)	50 mcg
Thiamine (as thiamine HCl)	5 mg
Riboflavin (as riboflavin 5-phosphate)	3.5 mg
Niacin (as niacinamide)	20 mg
Vitamin B6 (as pyridoxal 5-phosphate)	5 mg
Folate (as L-methyltetrahydrofolate calcium)	400 mcg DFE
Vitamin B12 (as methylcobalamin)	500 mcg
Biotin	300 mcg
Pantothenic Acid (as calcium pantothenate)	10 mg
Choline (as choline bitartrate)	25 mg
Iodine (as potassium iodide)	150 mcg
Zinc (as zinc citrate)	25 mg
Selenium (as selenomethionine)	50 mcg
Manganese (as manganese citrate)	2 mg
Chromium (as chromium polynicotinate)	200 mcg
Molybdenum (as molybdenum glycinate chelate)	75 mcg
Coenzyme Q10	50 mg
Alpha lipoic acid	50 mg
Inositol	25 mg
Lutein	3 mg
Boron (as boron amino acid chelate)	1 mg
Lycopene	500 mcg
Zeaxanthin	500 mcg

Other Ingredients: Hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.



Hair, Skin & Nails (RF)

Optimal Aging/Longevity

DESCRIPTION

Hair, Skin & Nails provides a complete formula of vitamins, minerals and nutrients which have been shown to support healthy hair, skin and nails.†

Product #10312 Size: 90 Tablets

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Three tablets contain:

Vitamin A (as palmitate)	5,000 IU
Vitamin C (as ascorbic acid)	60 mg
Vitamin D (as cholecalciferol)	200 IU
Vitamin E (as d-alpha tocopheryl succinate)	30 IU
Vitamin B-1 (as thiamin hydrochloride)	25 mg
Vitamin B-2 (as riboflavin)	25 mg
Niacin (as niacinamide)	20 mg
Vitamin B-6 (as pyridoxine hydrochloride)	25 mg
Folic acid	400 mcg
Vitamin B-12 (as cyanocobalamin)	100 mcg
Biotin	1,200 mcg
Pantothenic acid (as d-calcium pantothenate)	100 mg
Calcium (as carbonate, amino acid chelate)	300 mg
Magnesium (as oxide, amino acid chelate)	60 mg
Zinc (as monomethionine)	5 mg
Selenium (as L-selenomethionine)	200 mcg
Copper (as amino acid chelate)	1 mg
Manganese (as amino acid chelate)	5 mg
MSM (methylsulfonylmethane)	200 mg
Horsetail leaf extract	100 mg
Choline (as bitartrate)	25 mg
Inositol	25 mg
PABA (as para aminobenzoic acid)	10 mg
Boron (as citrate, aspartate, glycinate)	1 mg
L-cysteine	300 mg
Citrus bioflavonoids	100 mg
Nettle leaf powder	100 mg
L-methionine	50 mg
Trace minerals	50 mg

Other Ingredients: Cellulose, cellulose gum, vegetable stearin, silica, dicalcium phosphate and magnesium stearate. Contains soy.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, preservatives, artificial colors or flavors. Gluten-free, Dairy-free



Nutrients for a Healthy Lifestyle

1.800.331.2498 or 281.933.6948 • fax 1.800.874.5760 or 281.933.6637 • www.wellnessworks.com

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Immune Support



Vitamin C

1,000 mg with Bioflavonoid Complex
Essential Nutrients

DESCRIPTION
Vitamin C 1,000 mg contains vitamin C (ascorbic acid) with an additional bioflavonoid complex.

Product #10154 Size: 100 Capsules

SUGGESTED USE
Adults take 1 capsule 1-2 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Vitamin C (ascorbic acid).....	1,000 mg
Citrus bioflavonoid complex.....	50 mg

Other Ingredients: Gelatin and water (capsule), magnesium stearate, rice powder and silica.
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Vitamin D3 Drops

2,000 IU
Essential Nutrients, Optimal Aging/Longevity

DESCRIPTION
Vitamin D3 Drops is a unique, neutral tasting, sugar-free liquid providing 2,000 IU of vitamin D3 per drop in a base of safflower oil and extra virgin olive oil with added vitamin E to maintain freshness and stability.

Product #10326 Size: 1.0 fl. oz

SUGGESTED USE
Adults take 1 drop, 2-3 times daily with food, or as directed by a healthcare professional.

One drop (approx. 0.035 mL) contains:

Vitamin D3 (cholecalciferol) 2,000 IU.....	50 mcg
--	--------

Other Ingredients: Safflower oil, organic extra virgin olive oil, coconut oil and D-alpha tocopherol (vitamin E). Contains tree nuts (coconut).
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors. Gluten-free, Dairy-free



Zinc Lozenges

15 mg with Vitamin C & Slippery Elm
Essential Nutrients, Men's Health

DESCRIPTION
Zinc Lozenges supply bioavailable zinc, sweetened with sorbitol and flavored with natural lemon extracts. Each lozenge contains 15 mg of elemental zinc in the form of zinc citrate and gluconate.

Product #10165 Size: 60 Lozenges

SUGGESTED USE
Adults dissolve 1 lozenge in the mouth as needed, or as directed by a healthcare professional. Allow to dissolve completely in the mouth. Do not exceed 10 lozenges per day.

One lozenge contains:

Vitamin C (as calcium ascorbate, ascorbic acid).....	60 mg
Zinc (as citrate, gluconate).....	15 mg
Slippery elm bark powder (<i>Ulmus rubra</i>).....	25 mg
Bee Propolis.....	5 mg

Other Ingredients: Fructose, sorbitol, natural lemon flavor, stearic acid, silica, citric acid, and magnesium stearate.
Contains NO salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Buffered Vitamin C

1,000 mg / Antioxidant and Immune Support[‡]
Essential Nutrients

DESCRIPTION
Buffered Vitamin C contains 100%, pure, corn-free vitamin C, specially buffered with calcium and bioflavonoid complex.

Product #10328 Size: 100 Vegetarian Tablets

SUGGESTED USE
Adults take 1 tablet daily, or as directed by a healthcare professional.

One vegetarian tablet contains:

Vitamin C (as calcium and sodium ascorbate).....	1,000 mg
Calcium (as calcium ascorbate).....	125 mg
Sodium (as sodium ascorbate).....	2.2 mg
Citrus Bioflavonoids.....	200 mg

Other Ingredients: Cellulose, vegetable stearin, silica, and magnesium stearate.
Contains NO sugar, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

Please see the Wellness Works product order form for current pricing.

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Green Tea-70

High Concentration EGCG
Optimal Aging/Longevity, Essential Nutrients

DESCRIPTION

Green Tea-70 is a water soluble antioxidant that is 100 times more effective than Vitamin C and 25 times better than Vitamin E as a dietary supplement to support proper immune system function.†

Product #10320 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule, 1–2 times daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

Green tea (*Camellia sinensis L.*) leaf extract500 mg
Yielding: epigallo-catechin-3-gallate (EGCG).....350 mg
Other Ingredients: Vegetable cellulose (capsule), microcrystalline cellulose.



Vitamin C 500 mg

with Rosehips
Essential Nutrients

DESCRIPTION

Vitamin C 500 mg with Rose Hips provides 500 mg of vitamin C with the addition of rose hips.

Product #10334 Size: 100 Tablets

SUGGESTED USE

Adults take 1 tablet daily with meals, or as directed by a healthcare professional

One tablet contains::

Vitamin C (as ascorbic acid with rose hips)500 mg
Other Ingredients: Cellulose, vegetable stearin, magnesium stearate, and silica.
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Vitamin C Esterified 500 mg

Enhanced Cellular Uptake and Retention of
Vitamin C
Essential Nutrients

DESCRIPTION

Vitamin C Esterified 500 mg is a scientifically advanced form of vitamin C which binds ascorbic acid to lipid metabolites such as fatty acids, esters and fatty alcohols to enhance digestion, absorption, cellular uptake and retention as well as utilization of essential vitamin C in the body.

Product #10332 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 vegetarian capsule, 1–2 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Vitamin C (as PureWay-C®)**500 mg
Calcium (from calcium carbonate)90 mg
Citrus bioflavonoid complex 100 mg
Other ingredients: Cellulose and water (capsule), cellulose, magnesium stearate, and silica.

The appropriate amount of calcium is also added to buffer the formula and make the product non-acidic. Citrus bioflavonoid complex enhances Vitamin C's benefits.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, corn, preservatives, artificial colors or flavors.

**From PureWay-C® is a registered trademark of Innovation Laboratories, Inc. and is more rapidly absorbed leading to higher vitamin C levels than other forms.



Vitamin D3

1,000 IU
Essential Nutrients

DESCRIPTION

Vitamin D3 contains 1,000 IU of natural vitamin D3 per softgel.

Product #10330 Size: 100 Softgels

SUGGESTED USE

As a dietary supplement, adults take 1 softgel capsule daily or as directed by a healthcare professional.

One softgel contains:

Vitamin D3 (as cholecalciferol) 25 mcg (1,000 IU)
Other Ingredients: Gelatin, glycerin and water (softgel), cholecalciferol and safflower oil. Cholecalciferol (D3) is a natural, highly bioavailable form of vitamin D derived from lanolin.
Contains NO sugar, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.



Zinc Chelate 20 mg

Men's Health

DESCRIPTION

Zinc Chelate 20 mg is a highly bioavailable zinc supplement featuring chelated zinc arginate and zinc glycinate. The chelation process bonds zinc with amino acids to enhance absorption and make the product easier on the gastrointestinal tract.

Product #10381 Size: 180 Vegetarian Capsules

SUGGESTED USE

Take one capsule one to two times daily, or as directed by a healthcare practitioner.

One vegetarian capsule contains:

Zinc.....20 mg
(as zinc arginate and zinc glycinate)
Other Ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose, vegetable magnesium stearate.



Immune Daily Support

Functional Support for a Healthy Immune System[‡]

DESCRIPTION

Immune Daily Support is a formulation of nutrients that have been found to be essential for a healthy immune system, but may be functionally deficient in many individuals.[‡]

Product #10388 Size: 90 Capsules

SUGGESTED USE

Adults take 3 capsules once daily, or as directed by a healthcare professional. Consult your healthcare professional prior to taking this product if you are pregnant, nursing, taking medication, or have a medical condition.

Three capsules contain:

- Vitamin C (as ascorbic acid)..... 1,000 mg
- Vitamin D (as cholecalciferol) 38 mcg (1,500 IU)
- Zinc (as TRAACS® zinc bisglycinate*)20 mg
- N-acetyl-cysteine (NAC)400 mg
- Quercetin300 mg
- Echinacea125 mg

Other Ingredients: Microcrystalline cellulose (USP), vegetable capsule (cellulose, purified water).

*TRAACS® is a registered trademark of Albion Laboratories, Inc.



Zinc, Elderberry and D Lozenges

Multiple Approach to Immune Support[‡]

DESCRIPTION

Zinc, Elderberry and D Lozenges is an innovative approach for immune support. This combination of three proven immune support products delivers immune boosters to the tissues that need it the most; the throat and sinuses.[‡] Great tasting lemon-berry flavor and sugar-free.

Product #10394 Size: 60 Lozenges

SUGGESTED USE

Adults take 1 lozenge daily, or as directed by a healthcare professional. Allow to dissolve in mouth.

One lozenge contains:

- Calories 5
- Total Carbohydrates 2 g
- Vitamin D3 (as cholecalciferol) 25 mcg (1,000 IU)
- Zinc (as Zn citrate & Zn gluconate).....23 mg
- Elderberry (*Sambucus nigra*) fruit powder 100 mg
- Elderberry (*Sambucus nigra*) fruit extract (30% polyphenols)50 mg
- Stevia leaf extract4 mg

Other Ingredients: Xylitol, stearic acid, vegetable stearate, citric acid, honey powder, silica, natural lemon flavor.



Immune Boost[‡]

Essential Nutrients

DESCRIPTION

Immune Boost is a formulation of various nutrients, herbs and other natural components that have been shown to increase immune function.[‡]

Product #10392 Size: 30 Capsules

SUGGESTED USE

Adults take 1 capsule daily, or as directed by a healthcare professional. Consult your healthcare professional prior to taking this product if you are pregnant, nursing, taking medication, or have a medical condition.

One capsule contains:

- Vitamin A (as vitamin A palmitate) 1,375 mcg
- Elderberry extract..... 150 mg
- Astragalus 150 mg
- 1,3 Beta glucan 85% (BGF-Immune®) 125 mg
- Maitake (TD-fraction) 100 mg
- Resveratrol root extract50 mg

Other Ingredients: Microcrystalline cellulose (USP), vegetable capsule (cellulose, purified water).

Contains NO artificial colors, artificial flavors, milk or milk derivatives, or sodium added.



Zinc Lozenges

23 mg

Men's Health

DESCRIPTION

Zinc Lozenges 23 mg supply bioavailable zinc, are sweetened with stevia leaf extract, and flavored with natural lemon flavor. Each lozenge contains 23 mg of zinc in the forms of zinc citrate and zinc gluconate.

Product #10382 Size: 60 Lozenges

SUGGESTED USE

Adults take 1 lozenge in AM and 1 lozenge in PM, or as directed by a healthcare professional. Let dissolve in mouth.

One lozenge contains:

- Calories 5
- Total Carbohydrates 1 g
- Zinc (as Zn citrate and Zn gluconate).....23 mg
- Stevia leaf extract4 mg

Other Ingredients: Xylitol, stearic acid, vegetable stearate, citric acid, honey powder silica, natural lemon flavor.

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Joint and Bone Support



Bone Health Support[‡]

With Ipriflavone, Soy & Calcium

DESCRIPTION

Bone Health Support is a comprehensive vitamin, mineral and herbal formula designed to support healthy bone formation, maintenance and strength.[‡]

Product #10016 Size: 120 Tablets

SUGGESTED USE

Adults take 4 tablets daily with food, or as directed by a healthcare professional. Consult a physician before using this product.

Four tablets contain:

Calcium (as carbonate, citrate)	1,200 mg
Vitamin D (as cholecalciferol)	5 mcg
Vitamin K (as phyloquinone)	100 mcg
Magnesium (as oxide, citrate)	400 mg
Zinc (as monomethionine)	10 mg
Copper (as amino acid chelate)	1 mg
Manganese (as amino acid chelate)	5 mg
Ipriflavone	200 mg
Soy (<i>Glycine max</i>) bean extract	250 mg
(standardized to 250 mg 2.5–3.5% [6.25 – 8.75 mg] isoflavones)	
Boron (as citrate, aspartate, glycinate)	1 mg
Horsetail herb extract (<i>Equisetum arvense</i>)	100 mg
Betaine hydrochloride	25 mg
Other Ingredients: Cellulose, cellulose gum, vegetable stearin, dicalcium phosphate, magnesium stearate, silica and food glaze.	
Contains NO dairy, yeast, wheat, corn, preservatives, artificial colors or flavors.	



Calcium & Magnesium Citrates

With Calcium from MCHC

DESCRIPTION

Calcium & Magnesium Citrates provides calcium as citrate and as hydroxyapatite, a bioavailable source of calcium derived from whole bone.

Product #10327 Size: 100 Tablets

SUGGESTED USE

Adults take 4 tablets daily with food, or as directed by a healthcare professional.

Four tablets contain:

Vitamin D (as cholecalciferol)	125 IU
Vitamin K (as phyloquinone)	50 mcg
Calcium (as citrate, hydroxyapatite)	750 mg
Magnesium (as citrate, oxide)	500 mg
Boron (as citrate, aspartate, glycinate)	3 mg
Betaine hydrochloride	50 mg
Other Ingredients: Dicalcium phosphate, cellulose, modified cellulose gum, vegetable stearin, magnesium stearate, silica, and food glaze.	
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.	



Calcium & Magnesium Plus

With Boron and Vitamin D

DESCRIPTION

Calcium & Magnesium Plus formula is designed to provide the structural components, as well as help support some of the complex biochemical and physiological processes involved in building and maintaining strong, healthy bone structure.[‡] Each tablet provides 500 mg of calcium and 250 mg of magnesium.

Product #10024 Size: 250 Tablets

SUGGESTED USE

Adults take 1 tablet 2 times daily with food, or as directed by a healthcare professional.

One tablet contains:

Vitamin D (cholecalciferol)	25 IU
Calcium	500 mg
(as carbonate, citrate, amino acid chelate)	
Magnesium (as oxide, citrate, amino acid chelate)	250 mg
Boron (as citrate, aspartate, glycinate)	1 mg
Betaine hydrochloride	25 mg
Other Ingredients: Cellulose, cellulose gum, stearic acid, calcium trici-citrate, and pharmaceutical glaze.	
Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.	



Protecting and helping to strengthen bones

Naturally!



Glucosamine & Chondroitin Plus

With Vitamin C & Bromelain

DESCRIPTION

Glucosamine & Chondroitin Plus is formulated to help support healthy joint function by providing nutritional components necessary for cartilage synthesis and maintenance.[‡]

Product #10070 Size: 60 Tablets

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Three tablets contain:

Calories.....	10
Total carbohydrates.....	2 g
Sodium.....	65 mg
Potassium.....	265 mg
Vitamin C (as ascorbic acid).....	400 mg
Manganese (as amino acid chelate).....	10 mg
Glucosamine sulfate.....	1,500 mg
(from 2,000 mg glucosamine sulfate potassium chloride)	
Chondroitin sulfate complex.....	1,200 mg
(Standardized to 90% [1,080 mg] chondroitin sulfate)	
Bromelain (<i>Ananas comosus</i>) fruit extract.....	50 mg
(Standardized to 1,800 GDU/gm)	

Other Ingredients: Cellulose, vegetable stearin, cellulose gum, food glaze, silica and magnesium vegetable stearate. Contains crustacean shellfish (crab, shrimp)

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.



Ultimate Joint Complex[‡]

For Support of Healthy Joint Function[‡]

Sports Nutrition

DESCRIPTION

Ultimate Joint Complex provides a unique combination of protective ingredients that work synergistically to:

- Support cartilage and collagen regeneration by providing raw materials for production of glycosaminoglycans (GAGs).
- Support moisture retention, collagen production and skin elasticity.
- Balance inflammatory mediators like cytokines and prostaglandins.

Product #10288 Size: 90 Tablets

SUGGESTED USE

Adults take 2 tablets 1 time daily. For faster results, take 2 tablets 2 times daily for 4 weeks, or as directed by a healthcare professional.

Two tablets contain:

BioCell Collagen®* (Hydrolyzed Chicken Collagen Type II).....	1,000 mg
Methylsulfonylmethane.....	800 mg
Glucosamine HCl (from shrimp and crab).....	600 mg

Other Ingredients: Microcrystalline cellulose, stearic acid, vegetable stearate, croscarmellose sodium, silicon dioxide, and pharmaceutical glaze. Contains shrimp and crab.

*BioCell Collagen® is a registered trademark of BioCell Technology LLC, Newport Beach, CA.



Joint Health Support[‡]

With Glucosamine & MSM

DESCRIPTION

Supporting a healthy balance between the processes of cartilage synthesis and degradation is crucial for proper functioning of the joints. Joint Health Support provides key nutraceuticals to help support a healthy inflammatory response, facilitate cartilage synthesis and provide antioxidant support.[‡]

Product #10091 Size: 90 Tablets

SUGGESTED USE

Adults take 3 tablets daily with food, or as directed by a healthcare professional.

Three tablets contain:

Vitamin C (as ascorbic acid).....	100 mg
Niacin (as niacinamide).....	25 mg
Pantothenic acid (as d-cal. pantothenate).....	25 mg
Manganese (amino acid chelate).....	10 mg
Glucosamine sulfate.....	1,000 mg
(from 1,333 mg of glucosamine sulfate potassium chloride)	
Chondroitin sulfate complex.....	100 mg
(Standardized to 90% [90 mg] chondroitin sulfate)	
<i>Boswellia serrata</i> extract.....	100 mg
(Standardized to 40% [40 mg] boswellic acids)	
MSM (methylsulfonylmethane).....	100 mg
Turmeric root extract.....	50 mg
(Curcuma longa standardized to 95% [47.5 mg] curcumin)	
Bromelain.....	25 mg
(Standardized to 2,400 GDUs/g)	
Ginger (<i>Zingiber officinale</i>) root powder.....	50 mg
Grape (<i>Vitis vinifera</i>) seed extract.....	10 mg
L-proline.....	50 mg
Quercetin.....	10 mg

Other Ingredients: Cellulose, vegetable stearin, cellulose gum, silica, magnesium trisilicate, magnesium stearate, dicalcium phosphate and modified cellulose. Contains shellfish.

Contains NO sugar, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Glucosamine Sulfate

750 mg for Support of Healthy Joint Function[‡]

DESCRIPTION

Glucosamine sulfate, a well-absorbed source of glucosamine, is an important precursor for the synthesis and maintenance of connective tissues.[‡]

Product #10074 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule, 2 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Potassium (as chloride).....	125 mg
Glucosamine sulfate*.....	750 mg
(from 1,000 mg of glucosamine sulfate potassium chloride)	

Other Ingredients: Cellulose and water (capsule), rice powder, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors. Shellfish-Free!

*From GlucosaGreen® brand glucosamine sulfate potassium chloride. GlucosaGreen® is a trademark of TSI Worldwide and is Shellfish-Free.

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Hyaluronic Acid

Joint Health†

DESCRIPTION

Hyaluronic Acid supplies 40 mg of non-animal source hyaluronic acid in each capsule.

Product #10309 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule, 1–2 times daily, or as directed by your healthcare professional.

One capsule contains:

Hyaluronic acid40 mg
 (HyaMax™ brand sodium hyaluronate*)
 Sunflower lecithin..... 100 mg
Salvia hispanica (seed) powder 100 mg
 Other Ingredients: Microcrystalline cellulose, vegetable cellulose (capsule), and vegetarian leucine.

*HyaMax® brand hyaluronic acid, is a low Dalton weight sodium hyaluronate for optimal absorption and utilization. HyaMax brand sodium hyaluronate is a Trademark of Fenchem Enterprises, LTD.



Glucosamine & MSM

Vegetarian and Shellfish-Free

DESCRIPTION

Glucosamine & MSM formula provides key nutraceuticals to help facilitate cartilage synthesis and stability, support a healthy inflammatory response and provide overall structural support to the joint tissue.‡

Product #10333 Size: 120 Vegetarian Tablets

SUGGESTED USE

Adults take 1 tablet, 3 times daily with food, or as directed by a healthcare professional.

One vegetarian tablet contains:

Potassium (as chloride) 85 mg
 (from glucosamine sulfate potassium chloride)
 Glucosamine sulfate* 500 mg
 (from 667 mg of glucosamine sulfate potassium chloride)
 MSM (methylsulfonylmethane)** 500 mg
 Other Ingredients: Cellulose, modified cellulose, vegetable stearin, cellulose gum, magnesium stearate, silica and food glaze.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

*From GlucosaGreen® brand glucosamine sulfate potassium chloride. GlucosaGreen® is a trademark of TSI Worldwide and is **Shellfish-Free**.

**From OptiMSM®, a premium brand of MSM manufactured by Bergstrom Nutrition. OptiMSM® is the most clinically studied and only patented, pure distilled MSM available.



Osteoarthritis: A Natural Approach

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Liquid Nutrition



Perfect Protein Powder

DESCRIPTION

Perfect Protein Powder provides a complete plant-based blend of amino acids that are easily digested, hypoallergenic, vegetarian and non-GMO.

Product #10282 Size: 1.1 lb Powder

SUGGESTED USE

Add 1 level scoop to 9–12 ounces of chilled water or preferred beverage. Add additional ingredients if desired and blend to taste.

One scoop (approximately 34 g) contains:

Calories.....	130
Calories from fat.....	20
Total fat.....	2.5 g
Sodium.....	280 mg
Potassium.....	50 mg
Total carbohydrate.....	8 g
Sugars.....	< 1 g
Calcium.....	50 mg
Iron.....	6 mg
Multi-source plant protein blend.....	25,550 mg
(Pea protein isolate, cranberry seed, sacha inchi seed and chia seed)	
Branch chain amino acids.....	6,225 mg
(L-leucine, L-isoleucine and valine)	
Glutamine.....	3,475 mg
Enzyme blend.....	110 mg
Alpha-galactosidase and bromelain	

Amino acid profile:

Alanine.....	840 mg
Arginine.....	1,680 mg
Aspartic acid.....	210 mg
Cysteine/Cystine.....	210 mg
Glutamic acid.....	3,313 mg
Glycine.....	959 mg
Histidine.....	420 mg
Isoleucine.....	1,458 mg
Leucine.....	2,088 mg
Lysine.....	1,470 mg
Methionine.....	210 mg
Phenylalanine.....	1,050 mg
Proline.....	840 mg
Serine.....	1,050 mg
Threonine.....	840 mg
Tryptophan.....	210 mg
Tyrosine.....	840 mg
Valine.....	1,458 mg

Other Ingredients: Inulin, stevia, xanthan gum, glycine, natural flavors and silica.
Contains NO soy, dairy, wheat, gluten, preservatives, artificial colors, sweeteners, or flavors.



Fruits and Greens Energy Drink

Nutrient-Rich Superfood Formulation

Sports Nutrition

DESCRIPTION

Fruits and Greens Energy Drink is a great tasting, nutrient-rich superfood formula with whole food concentrates designed to provide synergistic phytonutrient nutrition.

Product #10351 Size: 10.75 oz (304.8g)

SUGGESTED USE

Mix one scoop in eight ounces of water daily, or as directed by a healthcare professional.

One scoop (10.16 g) contains:

Calories.....	38
Total carbohydrate.....	9 g
Dietary fiber.....	0.5 g
Sugars.....	3 g
Vitamin C (as ascorbic acid).....	150 mg
Calcium.....	24 mg
Iron.....	0.6 mg
Sodium.....	30 mg
SuperFruitox Antioxidant Blend.....	2.92 g
Raspberry fruit extract, black raspberry fruit powder, blackberry fruit powder, papaya fruit powder, plum fruit powder, strawberry fruit powder, cranberry fruit powder, kiwi fruit powder, watermelon fruit powder, pomegranate fruit extract, quercetin dihydrate, grape seed extract, blueberry leaf extract, acerola berry powder, bilberry fruit extract, bromelain, black cherry fruit extract, organic acai berry powder, organic pomegranate fruit powder, organic raspberry fruit powder, organic bilberry fruit powder, organic blueberry fruit powder, lycium (goji) berry powder, mangosteen fruit powder, noni fruit powder	
Digestive Enzyme & Probiotic Blend.....	2.4 g
Fructooligosaccharides, <i>Lactobacillus acidophilus</i> , protease, amylase, lipase, cellulase, lactase, papain, <i>Lactobacillus casei</i> , <i>Lactobacillus rhamnosus</i> , <i>Bifidobacterium breve</i>	
Vegetable Antioxidant Blend.....	2.03 g
Carrot root powder, beet root powder, radish root powder, purple cabbage leaf powder, japanese knotweed root extract, green tea leaf extract, ginger root powder, turmeric root extract, kale leaf powder, kelp powder, chlorella cracked cell wall powder, alfalfa herb powder, spirulina powder, broccoli head powder	
Fiber Blend.....	1.73 g
Oat Bran powder, apple fruit powder, aloe vera leaf powder, prune fruit extract	
Other Ingredients: Stevia, natural flavor, and citric acid.	

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Protein & Greens Vanilla

Amino Acid Superfood Formulation
Diabetes Management

DESCRIPTION

Protein & Greens drink is an easy-to-mix, great tasting, plant-based amino acid formula with whole food concentrates added for enhanced phytonutrient nutrition.

Product #10402 Size: 1.19 lb (540g)

SUGGESTED USE

Adults mix 1 scoop with 10 ounces of water or beverage of your choice in a shaker cup or blender, or as directed by a healthcare professional.

1 scoop (30 g) contains:

Calories.....	110
Total Fat.....	2 g
Saturated Fat.....	0.5 g
Total Carbohydrate.....	3 g
Protein.....	20 g
Calcium.....	20 mg
Iron.....	6 mg
Sodium.....	250 mg
Potassium.....	80 mg

Typical Amino Acid Profile

Alanine.....	1,080 mg
Arginine.....	2,170 mg
Aspartic acid.....	2,850 mg
Cysteine.....	410 mg
Glutamic acid.....	4,380 mg
Glycine.....	960 mg
Histidine.....	630 mg
Isoleucine.....	1,210 mg
Leucine.....	2,140 mg
Lysine.....	1,850 mg
Methionine.....	230 mg
Phenylalanine.....	1,370 mg
Proline.....	1,050 mg
Serine.....	1,280 mg
Threonine.....	890 mg
Tryptophan.....	190 mg
Tyrosine.....	890 mg
Valine.....	1,280 mg

Ingredients: Pea protein isolate (*Pisum sativum*) powder, natural flavors, pea starch, spinach (*Spinacia oleracea*) leaf powder, brown rice (*Oryza sativa*) seed powder, stevia extract powder (Reb A), xanthan gum powder, organic kale (*Brassica oleracea*) leaf powder, broccoli (*Brassica oleracea italica*) whole plant powder, organic alfalfa (*Medicago sativa*) leaf powder, organic sacha inchi (*Plukenetia volubilis*) seed powder, papain (*Carica papaya*) fruit powder.

Contains NO dairy, wheat, gluten, eggs, peanuts, soy, tree nuts, fish, shellfish, preservatives, artificial colors, or flavors.



Protein & Greens Chocolate

Amino Acid Superfood Formulation
Diabetes Management

DESCRIPTION

Protein & Greens drink is an easy-to-mix, great tasting, plant-based amino acid formula with whole food concentrates added for enhanced phytonutrient nutrition.

Product #10403 Size: 1.16 lb (528g)

SUGGESTED USE

As a dietary supplement, adults mix 1 scoop with 10 ounces of water or beverage of your choice in a shaker cup or blender, or as directed by a healthcare professional.

1 scoop (33 g) contains:

Calories.....	130
Total Fat.....	3 g
Saturated Fat.....	1 g
Total Carbohydrate.....	5 g
Dietary Fiber.....	1 g
Total Sugars.....	2 g
Protein.....	20 g
Calcium.....	20 mg
Iron.....	6 mg
Sodium.....	250 mg
Potassium.....	80 mg

Typical Amino Acid Profile

Alanine.....	1,080 mg
Arginine.....	2,170 mg
Aspartic acid.....	2,850 mg
Cysteine.....	410 mg
Glutamic acid.....	4,380 mg
Glycine.....	960 mg
Histidine.....	630 mg
Isoleucine.....	1,210 mg
Leucine.....	2,140 mg
Lysine.....	1,850 mg
Methionine.....	230 mg
Phenylalanine.....	1,370 mg
Proline.....	1,050 mg
Serine.....	1,280 mg
Threonine.....	890 mg
Tryptophan.....	190 mg
Tyrosine.....	890 mg
Valine.....	1,280 mg

Ingredients: Pea protein isolate (*Pisum sativum*) powder, natural flavors, cocoa powder, pea starch, brown rice (*Oryza sativa*) seed powder, stevia extract powder (RebA), xanthan gum powder, organic kale (*Brassica oleracea*) leaf powder, spinach (*Spinacia oleracea*) leaf powder, broccoli (*Brassica oleracea italica*) whole plant powder, organic alfalfa (*Medicago sativa*) leaf powder, organic sacha inchi (*Plukenetia volubilis*) seed powder, papain (*Carica papaya*) fruit powder.

Contains NO dairy, wheat, gluten, eggs, peanuts, soy, tree nuts, fish, shellfish, preservatives, artificial colors, or flavors.



Providing a Sound and Nutritional Foundation

1.800.331.2498 or 281.933.6948 • fax 1.800.874.5760 or 281.933.6637 • www.wellnessworks.com

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Liver Support



Milk Thistle Plus
175 mg Standardized Extract with Artichoke

DESCRIPTION
Milk Thistle Plus capsules contain 175 mg of milk thistle extract, standardized to contain a minimum of 80% silymarin. Milk Thistle Plus capsules are free of lactose and other common allergens.

Product #10110 Size: 60 Vegetarian Capsules

SUGGESTED USE
Adults take 1 capsule, 3 times daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Milk thistle seed extract (<i>Silybum marianum</i>).....	175 mg
(Standardized to 80% silymarin [140 mg])	
Turmeric root extract powder [<i>Curcuma longa</i>].....	50 mg
(Standardized to 95% curcumin [48 mg])	
Artichoke leaf extract powder (<i>Cynara scolymus</i>).....	20 mg
(Standardized to 2% cynarin [0.4 mg])	

Other Ingredients: Rice powder, vegetarian capsule (modified cellulose, water), magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.



Liposomal Glutathione
250 mg
Detoxification, Essential Nutrients

DESCRIPTION
Liposomal Glutathione provides powerful antioxidant and cellular function support in an enhanced absorption form.†

Product #10325 Size: 60 Softgels Capsules

SUGGESTED USE
Adults take 1 softgel, 2 times daily, or as directed by a healthcare professional.

One softgel contains:

Setria® Glutathione.....	250 mg
--------------------------	--------

Other ingredients: BioGlute™ complex (proprietary blend of glutathione and essential phospholipids), olive oil, gelatin, calcium carbonate, purified water, and yellow beeswax.

Contains NO hydroxylated lecithin.



NAC
600 mg
Detoxification

DESCRIPTION
NAC is a biologically active precursor for the amino acid cysteine which, in turn, is a precursor for glutathione, a tripeptide with antioxidant properties.

Product #10228 Size: 60 Vegetarian Capsules

SUGGESTED USE
Adults take 1 vegetarian capsule 2–4 times daily between meals, or as directed by a healthcare professional.

One vegetarian capsule contains:

Selenium (as L-selenomethionine).....	70 mcg
Molybdenum (as amino acid chelate).....	75 mcg
N-acetyl cysteine.....	600 mg

Other Ingredients: Cellulose and water (capsule), cellulose, magnesium stearate, and silica.

N-acetyl cysteine, selenium and molybdenum are important building blocks for antioxidant enzymes produced by the liver.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.



Alcohol Detox
Nutritional Support for Alcohol Detoxification
Detoxification

DESCRIPTION
Alcohol Detox is a gluten-free supplement comprised of essential precursors and cofactors that support the liver and other vital organs involved in the alcohol detoxification process. The usage of these nutrients assists in the metabolism and removal of alcohol from the body.

Product #10395 Size: 60 Capsules

SUGGESTED USE
Adults take 2 capsules before each serving of alcohol, or as directed by a healthcare professional.

Two capsules Contain:

Vitamin C (as ascorbic acid).....	600 mg
Thiamin (as thiamin hydrochloride).....	18 mg
Riboflavin.....	2.2 mg
Niacin (as niacinamide and niacin).....	30 mg NE
Vitamin B6 (as pyridoxine HCl).....	2.4 mg
Folate (as folic acid).....	83 mcg DFE
Vitamin B12 (as cyanocobalamin).....	16.6 mcg
Biotin.....	20 mcg
Pantothenic acid (as D-calcium pantothenate).....	16 mg
L-cysteine HCl.....	100 mg
N-acetyl-cysteine.....	100 mg
Alpha lipoic acid.....	5 mg

Other Ingredients: Hypromellose, microcrystalline cellulose, vegetable magnesium stearate, silicon dioxide.

Please see the Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



L-Glutathione Reduced

250 mg Featuring Setria® Glutathione

Detoxification, Essential Nutrients

DESCRIPTION

L-Glutathione Reduced 250 mg supports the body's natural defense system with patented Setria® glutathione to support healthy immune function, promote detoxification, and encourage healthy oxidative stress response.

Product #10389 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule twice daily, or as directed by a healthcare professional.

One capsule contains:

L-glutathione (reduced) (Setria®)250 mg

Other Ingredients: Hypromellose, microcrystalline cellulose, vegetable magnesium stearate, silica. Vegetarian, Gluten-free, Dairy-free, Non-GMO

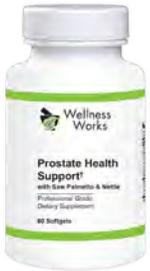


1.800.331.2498 or 281.933.6948 • fax 1.800.874.5760 or 281.933.6637 • www.wellnessworks.com

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Men's Health



Prostate Health Support[‡]

With Saw Palmetto & Nettle

DESCRIPTION

Prostate Health Support provides a blend of several nutraceuticals to support prostate health and function.[‡] The ingredients are sourced from the highest quality European standardized extracts of saw palmetto and pygeum. Pumpkin seed oil, nettle root extract, lycopene and L-OptiZinc™ work synergistically to enhance the proven benefits of saw palmetto and pygeum.

Product #10126 Size: 60 Softgel Capsule

SUGGESTED USE

Adults take 1 softgel capsule, 4 times daily with food, or as directed by a healthcare professional.

One softgel capsule contains:

- Zinc (as monomethionine)*5 mg
- Saw palmetto berry extract (*Serenoa repens*).....80 mg
(85%–95% [68–76 mg] fatty acids and sterols)
- Pygeum africanum bark extract..... 25 mg
(Standardized to 13% [3.25 mg] beta-sitosterol)
- Pumpkin (*Cucurbita pepo*) seed oil40 mg
- Nettle (*Urtica dioica*) root extract 75 mg
(Standardized to 5% [3.75 mg] total amino acids)
- Lycopene (from tomatoes)..... 1 mg

Other Ingredients: Gelatin, glycerin, and water (capsule), soybean oil, beeswax, lecithin, caramel color, and water. Contains soy.

Contains NO sugar, salt, dairy, yeast, wheat, corn, preservatives, artificial colors or flavors.

*From L-OptiZinc™, a patented form of zinc. L-OptiZinc™ is a trademark of Inter-Health Company.



Libido Health

Libido Support for Men and Women[‡]

Women's Health

DESCRIPTION

Libido Health is designed to address those factors that may contribute to sexual dysfunction in men and women, such as energy level, hormone balance, circulation and nervous system function.

Product #10287 Size: 90 Vegetarian Capsules

SUGGESTED USE

As a dietary supplement, follow the following recommendations below, or take as directed by a healthcare practitioner.

Women: Take 1 capsule on an empty stomach, 2 times daily as needed.

Men: Take 1 capsule on an empty stomach, 3 times daily as needed.

The effects of this formula may begin in several hours after ingestion and may last all day. For long-term use: Take recommended amount in intervals of 2 weeks on and 2 weeks off.

One vegetarian capsule contains:

- N, N-Dimethylglycine HCl (DMG)83.33 mg
- Proprietary Blend450 mg
- Ashwagandha Root Powder, *Epimedium sagittatum* (horny goat weed) herb powder, *Tribulus Terrestris* (puncture vine) root powder, *Rhodiola rosea* rhizome powder, catuaba 4:1 bark extract, damiana 4:1 leaf extract
- Maca (*Lepidium meyenii*) root powder.....66.66 mg
- Muira puama 4:1 root extract.....66.66 mg
- Tongkat ali (*Eurycoma longifolia*) root powder16.66 mg
- Cnidium monnieri* seed powder8.33 mg
- Other Ingredients: Hypromellose (capsule), microcrystalline cellulose, silicon dioxide.



Please see the Wellness Works product order form for current pricing.

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



L-Arginine 500 mg

Supports Nitric Oxide Formation

Essential Nutrients

DESCRIPTION

L-arginine is a conditionally essential amino acid. L-arginine supports nitric oxide formation, which is important for healthy dilation of blood vessels, circulation and blood flow. In trials, L-arginine has demonstrated the potential to support endothelial function in blood vessels, platelet function, exercise tolerance and sexual function. In certain conditions, such as aging, cardiovascular disease and trauma, arginine synthesis is reduced and requirements increased. L-arginine is necessary for the synthesis of creatine phosphate (PCr), which is essential for the synthesis of ATP, the source of energy in the mitochondria, particularly in muscle tissue.

Product #10284 Size: 100 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule, 2–6 times daily between meals, or as directed by a healthcare professional.

One vegetarian capsule contains:

Vitamin B-6 (as pyridoxine hydrochloride).....10 mg
L-arginine*500 mg

Other Ingredients: Cellulose, capsule (cellulose and water), magnesium stearate, silica and vegetable stearin.

Vitamin B-6 is paired with L-arginine because of its role in metabolizing amino acids. Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors, or flavors.

*Free form L-arginine.



Saw Palmetto 320 mg

Standardized

DESCRIPTION

Saw Palmetto Plus 320 mg is a standardized vegetarian dietary supplement to support proper prostate function. ‡

Product #10335 Size: 90 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One vegetarian capsule contains:

Saw Palmetto (*Serenoa repens*) extract320 mg
Yielding: Free fatty acids.....80 mg

Other Ingredients: Vegetable cellulose, microcrystalline cellulose, vegetarian leucine, and silica.

Contains NO gluten.



Male Virility Support

DESCRIPTION

Male Virility Support is a proprietary male formula that has been synergized with an herbal blend to support the processes involved in promoting a healthy male sex drive, energy and stamina.

Product #10253 Size: 60 Capsules

SUGGESTED USE

Men take 2 capsules daily with food, or as directed by a healthcare professional.

Two capsules contain:

ViriloMax™ Proprietary Blend*.....750 mg
Horny goat weed (*Epimedium sagittatum*) aerial parts extract standardized to 10% icariins, fenugreek seed extract, and muira puama (*Ptychopetalum olacoides*) bark and root powder.

Synergized with T Pump Herbal Activator.....750 mg
Kola nut seed extract, Maca (*Lepidium meyenii*) root powder, *Tribulus terrestris* aerial parts powder, Damiana (*Tumera diffusa*) leaf powder, and Korean Ginseng root powder.

Other Ingredients: Gelatin and water (capsule), cellulose, stearic acid, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

*ViriloMax™ is an herbal libido formula that's potentiated with the proprietary T Pump herbal activator to support men's sexual health and normal healthy testosterone levels.



Mood Support



5-HTP

Standardized Griffonia Extract 100 mg

DESCRIPTION

L-5-hydroxytryptophan (5-HTP) is a naturally occurring amino acid and chemical precursor as well as a metabolic intermediate in the biosynthesis of the neurotransmitters serotonin and melatonin, from tryptophan.

Product #10001 Size: 30 Capsules

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One capsule contains:

Vitamin C (as ascorbic acid).....250 mg
 Vitamin B-6 (as pyridoxine HCl)25 mg
 Griffonia bean extract (*Griffonia simplicifolia*)102 mg
 (Standardized to contain 98% [100 mg] L-5-hydroxytryptophan)

Other Ingredients: Gelatin, water (capsule), rice powder, silica and magnesium stearate.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Ashwagandha Extract

500 mg

Stress Management

DESCRIPTION

Used in Ayurvedic medicine for over 6,000 years, Ashwagandha has been used most specifically for its anti-stress and adaptogenic properties.

Product #10372 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

Ashwagandha (*Withania somnifera*) root extract500 mg
 (Standardized to 2.5% [12.5 mg] total withanolides)

Other Ingredients: Vegetarian capsule (modified cellulose, water), cellulose, magnesium stearate and silica.

Contains NO dairy, wheat, gluten, soy, preservatives, artificial colors or flavors.



St. John's Wort Plus

300 mg Standardized Extract

with Ginseng & Ginkgo

DESCRIPTION

St. John's Wort Plus capsules contain 300 mg of St. John's wort extract, standardized to contain a minimum of 0.3% total hypericin. Siberian eleutherococcus and ginkgo biloba work synergistically to enhance the proven benefits of St. John's wort extract.

Product #10141 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule, 1–3 times daily with food, or as directed by a healthcare professional.

One capsule contains:

St. John's Wort (*Hypericum perforatum*) herb extract300 mg
 (Standardized to 0.3% [0.9mg] hypericin)
 Siberian Eleutherococcus (*Eleutherococcus senticosus*) root extract25 mg
 (Standardized to 0.4% [0.1 mg] eleutherococcosides)
 Ginkgo biloba leaves150 mg

Other Ingredients: Gelatin and water (capsule), magnesium stearate, silica, and rice powder.

Contains NO sugar, salt, dairy, yeast, wheat, corn, soy, preservatives, artificial colors or flavors.



Relaxation Formula[‡]

Natural, Relaxing Formula[‡]

Stress Management

DESCRIPTION

Relaxation Formula is an all-natural approach to facilitate physical and mental relaxation. This is a blend of synergistic herbs known for the calming effect without causing drowsiness.[‡]

Product #10273 Size: 60 Capsules

SUGGESTED USE

Adults take 2 capsules as needed or 2 capsules at bedtime, or as directed by a healthcare professional.

Two capsules contain:

Vitamin B-6 (as pyridoxine HCl)10 mg
 Magnesium (as citrate, oxide)50 mg
 L-theanine25 mg
 Oat (*Avena sativa*) straw extract50 mg
 Proprietary blend250 mg
 (*Magnolia officinalis* and *Phellodendron amurense*)
 Chamomile (*Matricaria recutita*) flower extract100 mg
 (Standardized to contain 1.2% [1.2 mg] Apigenin)
 Lemon Balm (*Melissa officinalis*) leaf extract100 mg
 Valerian (*Valeriana officinalis*) root extract25 mg
 Skullcap (*Scutellaria lateriflora*) leaf extract35 mg
 Hops strobiles (*Humulus lupulus*) extract15 mg
 Passionflower (*Passiflora incarnata*) flowering tops25 mg

Other Ingredients: Gelatin and water (capsule), cellulose, magnesium stearate, vegetable stearin, and silica.

Contains NO sugar, salt, dairy, yeast, corn, soy, preservatives, artificial colors or flavors.

Please see the Wellness Works product order form for current pricing.

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Optimal Aging and Longevity



Resveratrol Plus

200 mg

DESCRIPTION

Resveratrol Plus supplies 200 mg of trans-resveratrol plus 10 mg of Leucoselect® grape seed extract in vegetarian capsules.

Product #10301 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 capsule, 1–2 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Resveratrol 200 mg
 (400 mg of *Polygonum cuspidatum* root extract standardized to 50% [200 mg] trans-resveratrol)

Leucoselect® grape seed extract* 10 mg
 (*Vitis vinifera* standardized to 90-95% [9-9.5 mg] oligomeric proanthocyanidins)

Other Ingredients: Cellulose and water (capsule), cellulose, vegetable stearin, magnesium stearate and silica.

*Leucoselect® grape seed extract is made by Indena, one of Europe's leading herbal extract manufacturers. Leucoselect® a registered trademark of Indena USA, Inc.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.



Lutein & Zeaxanthin

Protecting the Macula from Harmful Blue Light†

DESCRIPTION

Lutein & Zeaxanthin features Lutemax® 2020, a naturally derived marigold extract featuring all three macular carotenoids.

Product #10406 Size: 30 Softgels

SUGGESTED USE

Adults take 1 softgel daily with food, or as directed by a healthcare professional.

One capsule contains:

Lutein 20 mg
 Zeaxanthin isomers 4 mg

Of the more than 600 carotenoids found in nature, only lutein and zeaxanthin isomers, RR-zeaxanthin and RS (meso)-zeaxanthin, are located in the eye, specifically the macula. These carotenoids make up the macular pigment and their deposition is highly specific.

WHEN OPTIMAL AGING IS THE GOAL



1.800.331.2498 or 281.933.6948 • fax 1.800.874.5760 or 281.933.6637 • www.wellnessworks.com

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Pain and Inflammation Management



Curcumin Ultra

Liquid-Soluble Curcumin

Sports Nutrition

DESCRIPTION

Curcumin Ultra is a revolutionary curcumin supplement featuring an innovative liquid-soluble delivery vehicle. This patented ingredient has been shown in clinical studies to provide higher bioavailability than other curcumin/turmeric extract products in the market.

Product #10390 Size: 60 Softgels

SUGGESTED USE

Adults take 2 softgels daily, or as directed by a healthcare professional.

Two softgels contain:

Calories 10
 Total Fat 1 g
 BioCurc® *(*Curcuma longa*) rhizome extract 800 mg
 Other Ingredients: Softgel (gelatin, sorbitol, glycerin, purified water, carob) and coconut oil.

*BioCurc® is a registered trademark of Boston BioPharm.



Curcumin Complex

Sports Nutrition

DESCRIPTION

Turmeric is a traditional Indian culinary spice and Ayurvedic medicine that has been utilized for a wide array of medicinal purposes. Its most common traditional use has been to promote proper digestion. Even the German Commission E Monograph describes it as an approved medicinal herb for indigestion. In the last decade, numerous clinical studies have confirmed its health-promoting effects, specifically supporting a healthy inflammatory response.[‡]

Product #10251 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 1 vegetarian capsule daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

Turmeric (*Curcuma longa*) root extract* 500 mg
 (Standardized to 95% [475 mg] curcuminoids)
 Other Ingredients: Cellulose and water (capsule), magnesium stearate and silica.
 Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.

*From Curcumin C3 Complex®, a clinically studied source of curcuminoids. curcumin C3 Complex® is a registered trademark of Sabinsa Corporation.



InflammMove

Support for Natural Inflammatory Response[‡]

Sports Nutrition

DESCRIPTION

InflammMove is a blend of standardized botanical extracts and enzymes to support normal, healthy inflammatory response.[‡]

Product #10318 Size: 90 Vegan Capsules

SUGGESTED USE

Adults take 3 capsules up to 2 times daily prior to mealtime, or as directed by a healthcare professional.

Three vegan capsules contain:

Devil's claw (*Harpagophytum procumbens*) root extract 300 mg
 (Standardized to contain 5% iridoid glycosides [15 mg])
 Boswellia serrata gum resin extract 200 mg
 (Standardized to contain 40% boswellic acids [80 mg])
 Turmeric (*Curcuma longa*) rhizome extract 200 mg
 (Standardized to contain 95% curcuminoids)
 White Willow (*Salix alba*) bark extract 200 mg
 (Standardized to contain 15% salicin [30 mg])
 Ginger (*Zingiber officinale*) rhizome extract 150 mg
 (Standardized to contain 5% gingerols [7.5 mg])
 Proprietary Enzyme/Herbal Blend 150 mg
 Papain (18,000 PU), Bromelain (2,400 GDU), trans-resveratrol (*Polygonum cuspidatum*) root extract, and LeucoSelect® Phytosome™ grape seed (*Vitis vinifera*) extract

Other Ingredients: Cellulose and water (vegetarian capsule), cellulose, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



ALA 300

Alpha Lipoic Acid 300 mg

Diabetes Management

DESCRIPTION

Alpha Lipoic Acid capsules contain 300 mg of pure alpha-lipoic acid. Alpha-lipoic acid is a non-vitamin coenzyme that carries out important metabolic and antioxidant functions in the body.

Product #10322 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule daily with food, or as directed by a healthcare professional.

One capsule contains:

Alpha-lipoic acid 300 mg
 Other Ingredients: Microcrystalline cellulose, vegetable cellulose (capsule), and vegetarian leucine.

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Migraine Clear[‡]

Reduces Frequency & Intensity of Cranial Vascular Disturbances[‡]

DESCRIPTION

Migraine Clear is a unique vitamin and herbal formula synergistically designed to help reduce the frequency and intensity of cranial vascular disturbances.

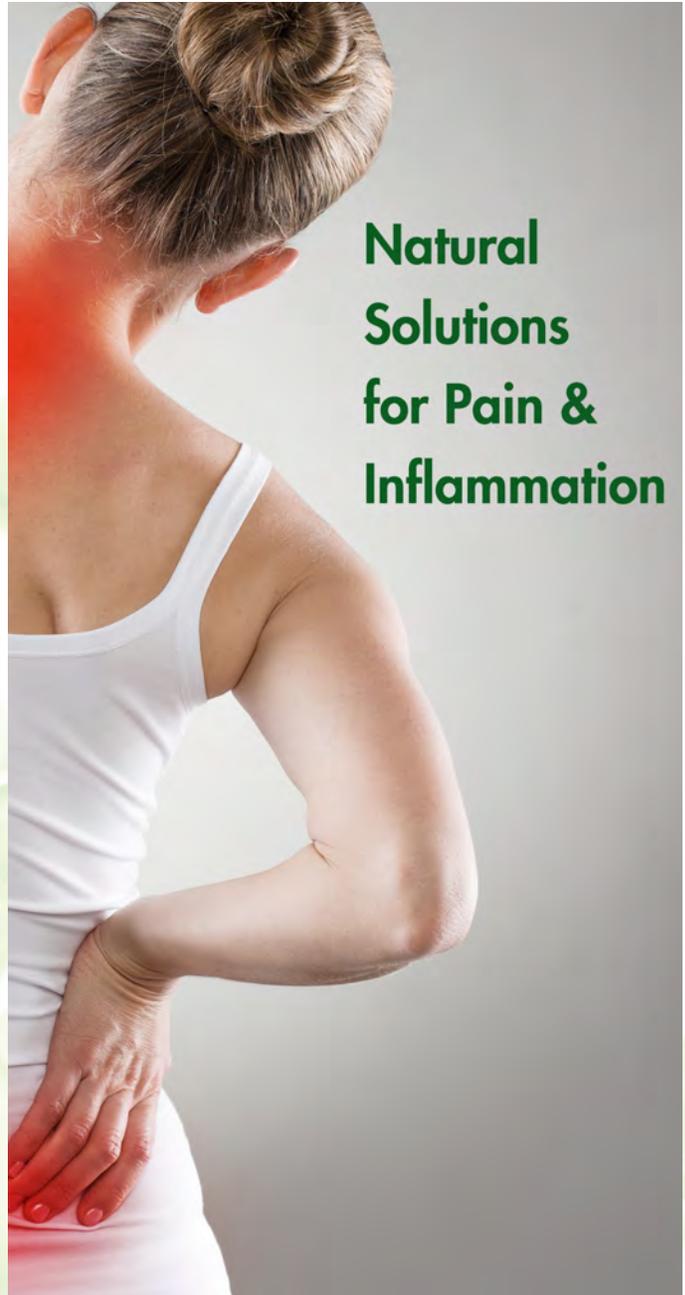
Product #10290 Size: 120 Capsules

SUGGESTED USE

Adults take 2 capsules two times per day for the first month with possible reduction to one time per day thereafter or as directed by a healthcare professional.

Two capsules contains:

Riboflavin (riboflavin-5-phosphate).....	190 mg
Magnesium (citrate).....	100 mg
Ginger root powder (Zingiber officinale, 5%)	250 mg
Feverfew (Tanacetum parthenium, 2%)	50 mg
Butter burr root (Petasites hybridus, 6:1)	50 mg
Ginkgo biloba	40 mg
Other Ingredients: HPMC vegetable capsule, microcrystalline cellulose, magnesium stearate, and silicon dioxide.	



**Natural
Solutions
for Pain &
Inflammation**

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Sleep Support



Melatonin
3 mg with Vitamin B-6

DESCRIPTION
Melatonin capsules contain 3 mg of the highest purity melatonin produced under strict Good Manufacturing Practices (GMP) standards.

Product #10107 Size: 60 Tablets

SUGGESTED USE
Adults take 1 tablet 20 minutes before bedtime, or as directed by a healthcare professional. Do not exceed 1 tablet per 24 hours.

One tablet contains:

Vitamin B-6 (as pyridoxine HCl)	10 mg
Melatonin	3 mg

Other Ingredients: Dicalcium phosphate, microcrystalline cellulose, cellulose gum, vegetable stearin, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Melatonin Liposomal Spray
Supports Normal Sleep†

DESCRIPTION
Melatonin Liposomal Spray contains 3 mg of the highest purity pharmaceutical grade melatonin per serving (2 sprays) in a liposomal delivery system.

Product #10316 Size: 1.0 fl oz (30 mL)

SUGGESTED USE
Adults, hold nozzle 1" from mouth, spray 2 times and swallow, or as directed by a healthcare professional. Shake well before each use.

Two sprays (0.4 mL) contain:

Melatonin	3 mg
-----------------	------

Other Ingredients: Glycerin, water, sunflower lecithin, oleic acid, citric acid, polyglyceride, citric acid, xanthan gum, orange oil and rosmarinic acid.



L-Theanine
Adrenal Support, Mood Support, Stress Management

DESCRIPTION
L-Theanine supplies 100 mg of pure L-theanine in each vegetarian capsule. L-theanine has been extensively evaluated in many scientific studies and shown to promote relaxation and deep, restful sleep without causing drowsiness or other unwanted side effects. ‡

Product #10226 Size: 60 Vegetarian Capsules

SUGGESTED USE
Adults take 1 vegetarian capsule, 1–3 times daily, or as directed by a healthcare professional.

One vegetarian capsule contains:

L-Theanine*	100 mg
-------------------	--------

Other Ingredients: Cellulose and water (vegetarian capsules), cellulose, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, corn, preservatives, artificial colors or flavors.

*From SunTheanine®, a 100% pure, patented source of L-theanine manufactured by Taiyo International.



Sleep Perfect Formula†
With Calcium and Magnesium

DESCRIPTION
Sleep Perfect Formula provides an innovative blend of nutrients that promotes soothing and restful sleep. The non-habit-forming ingredients were specifically chosen to promote healthy circadian rhythms and help relax tense muscles. While most prescription medications can cause morning sleepiness, Sleep Perfect Formula is designed to provide individuals with restful slumber and a rejuvenated body upon awakening. ‡

Product #10338 Size: 60 Vegetarian Capsules

SUGGESTED USE
Adults take 1–2 capsules 30–45 minutes before bed, or as directed by a healthcare professional.

2 vegetarian capsules contain:

Magnesium (as magnesium amino acid chelate)	40 mg
Valerian root extract 4:1 (<i>Valeriana officinalis</i>)	120 mg
GABA (gamma amino butyric acid)	100 mg
Inositol	100 mg
L-theanine	100 mg
5-HTP	40 mg
Chamomile flower (<i>Matricaria chamomilla</i>)	40 mg
Hops strobile (<i>Humulus lupulus</i>) extract 4:1	40 mg
Passion flower (<i>Passiflora incarnate</i>) extract 4:1	40 mg
Melatonin	3 mg

Other Ingredients: Vegetable cellulose (capsule), microcrystalline cellulose, vegetarian leucine.

Please see the Wellness Works product order form for current pricing.

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Sleep Support[‡]

DESCRIPTION

Sleep Support contains key ingredients that support a restful night's sleep.[‡]

Product #10254 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule before bedtime, or as directed by a healthcare professional.

One capsule contains:

- Vitamin B6 (as pyridoxine HCl).....2 mg
 - Magnesium (as carbonate)50 mg
 - Melatonin 1 mg
 - L-theanine*.....100 mg
 - Passion flower (*Passiflora incarnata*) aerial extract 100 mg
(Standardized to 3.5% [3.5 mg] Vitexin)
 - Valerian root (*Valeriana officinalis*) extract50 mg
(Standardized to 0.8% [0.4 mg] Valerenic Acids)
- Other Ingredients: Gelatin and water (capsule), cellulose, vegetable stearin, magnesium stearate, and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.

*From SunTheanine® a 100% pure, patented source of L-theanine manufactured by Taiyo International.



Melatonin 3 mg

Sustained Release

DESCRIPTION

Melatonin Sustained Release tablets contain 3 mg of the purest pharmaceutical grade melatonin, in a sustained-release tablet formulation.

Product #10369 Size: 60 Tablets

SUGGESTED USE

Adults take 1 tablet before bedtime, or as directed by a healthcare professional.

One tablet contains:

- Melatonin3 mg
- Other Ingredients: Dicalcium phosphate, stearic acid, microcrystalline cellulose, methocel E4M, powdered vegetable stearin, silicon dioxide, magnesium stearate.



Melatonin XR 5 mg

Biphasic Delivery System of Melatonin

DESCRIPTION

Melatonin XR 5 mg is formulated with extended-release melatonin as well as vitamin B-6 to support normal circadian rhythms and sleep-wake cycles. Melatonin XR 5 mg features a biphasic delivery system which delivers melatonin both quickly and then over a period of several hours after ingestion.

Product #10401 Size: 90 Tablets

SUGGESTED USE

Adults take 1 tablet 30-60 minutes before bed, or as directed by a healthcare professional.

One tablet contains:

- Vitamin B-6 (as pyridoxine HCl).....10 mg
 - Melatonin5 mg
- Other Ingredients: Methocel, dicalcium phosphate, stearic acid, silicon dioxide, hydroxypropyl methylcellulose.



Better Sleep
Naturally

1.800.331.2498 or 281.933.6948 • fax 1.800.874.5760 or 281.933.6637 • www.wellnessworks.com

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Sports Nutrition



Magnesium Glycinate

500 mg Capsules

Sleep Support, Cardiovascular

DESCRIPTION

Magnesium Glycinate 500 mg capsules feature the most rapidly absorbed salt of magnesium in an easy-to-use, high-dose capsule formulation. Capsules can be swallowed, or the capsules can be opened and the contents dissolved in water for administration.

Product #10400 Size: 120 Capsules

SUGGESTED USE

Adults take 1 capsule 1-2 times daily, or as directed by a healthcare professional.

1 capsule contains:

Magnesium glycinate.....500 mg

Other Ingredients: Hypromellose (capsule), microcrystalline cellulose, vegetarian leucine.



Magnesium Chelate

400 mg

Sleep Support, Cardiovascular

DESCRIPTION

Magnesium Chelate 400 mg is a nutritionally functional magnesium amino acid chelate with excellent bioavailability. Each tablet delivers 133 mg of elemental magnesium as a bis-glycinate/lysinate chelate, or 400 mg per 3 tablet serving.

Product #10303 Size: 90 Tablets

SUGGESTED USE

Adults take 3 tablets daily, or as directed by healthcare professional.

Three tablets contain:

Magnesium (amino acid chelate)400 mg

Other Ingredients: Cellulose, cellulose gum, vegetable stearin, and magnesium stearate.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



It's All About Recovery

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Stress Management



Super Stress Support[‡]

With B-Complex, Vitamin C & Valerian
Mood Support

DESCRIPTION

Super Stress Support is a sustained release supplement that provides a full spectrum of B-complex vitamins as well as vitamin C and herbs to help support normal stress response.[‡]

Product #10143 Size: 60 Tablets

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Vitamin C (as ascorbic acid).....	600 mg
Vitamin B-1 (as thiamine HCl).....	100 mg
Vitamin B-2 (as riboflavin).....	100 mg
Niacin (as niacinamide).....	200 mg
Vitamin B-6 (as pyridoxine HCl).....	100 mg
Folate.....	(400 mcg folic acid) 600 mcg DFE
Vitamin B-12 (as cyanocobalamin).....	100 mcg
Biotin.....	100 mcg
Pantothenic Acid (as calcium pantothenate).....	200 mg
Choline (as bitartrate).....	40 mg
Magnesium (from magnesium oxide).....	100 mg
Para aminobenzoic acid (PABA).....	100 mg
Inositol.....	100 mg
Valerian (<i>Valeriana officinalis</i>) root powder.....	75 mg
Hops strobiles (<i>Humulus lupulus</i>) powder.....	50 mg
Scullcap herb (<i>Scutellaria lateriflora</i>) powder.....	50 mg
Other Ingredients: Stearic acid, cellulose, silica, magnesium stearate, alfalfa leaf powder, parsley herb powder, rice bran powder, watercress herb powder.	
Contains NO sugar, salt, dairy, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.	



GABA Calm[‡]

Stress-Reducing Combination[‡]
Mood Support

DESCRIPTION

GABA Calm is a combination of L-theanine and GABA (gamma-aminobutyric acid), two naturally occurring agents that have been shown to support positive mood, relaxation, and relieve mental tension.[‡]

Product #10358 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 2 capsules daily, or as directed by a healthcare professional.

Two capsules contain:

GABA.....	550 mg
(gamma-aminobutyric acid)	
L-theanine*.....	200 mg
Other Ingredients: Rice flour, vegetable capsule, magnesium stearate (vegetable source) and silicon dioxide.	
As Suntheanine®, a 100% pure, patented source of L-theanine manufactured by Taiyo International.	



Relora 250 mg

Mood Support

DESCRIPTION

Relora 250 mg is a unique blend containing two patent-pending herbal extracts, specifically designed to support normal, healthy cortisol levels during stress and anxiety.[‡]

Product #10329 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule, 2–3 times daily with food, or as directed by a healthcare professional.

One capsule contains:

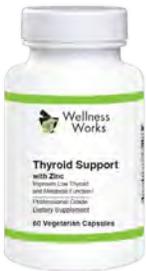
Relora*.....	250 mg
(a proprietary blend of a patented extract from <i>Magnolia officinalis</i> bark and proprietary extract from <i>Phellodendron amurense</i> bark)	
Other Ingredients: Gelatin and water (capsule), cellulose, magnesium stearate, and silica.	
Contains NO sugar, salt, yeast, wheat, gluten, soy, preservatives, artificial colors or flavors.	
*Relora® is a registered trademark of NPI, LLC	



Own Your Stress!



Thyroid Support



Thyroid Support[‡] with Zinc

Sports Nutrition

DESCRIPTION

Thyroid Support with Zinc is a comprehensive vitamin, mineral and herbal formula designed to support healthy functioning of the thyroid gland.[‡]

Product #10257 Size: 60 Vegetarian Capsules

SUGGESTED USE

Adults take 2 vegetarian capsules with food, or as directed by a healthcare professional.

Two vegetarian capsules contain:

Vitamin A (as palmitate).....	(2,500 IU)	750 mcg
Vitamin C (as ascorbic acid).....		30 mg
Vitamin D (as cholecalciferol)	(400 IU)	10 mcg
Vitamin B-6 (as pyridoxine HCl)		15 mg
Folate	(400 mcg folic acid)	680 mcg DFE
Iodine (from kelp).....		300 mcg
Magnesium (from magnesium oxide and chelate).....		100 mg
Zinc (as monomethionine from L-OptiZinc [®])		10 mg
Selenium (as selenomethionine).....		100 mcg
Copper (from copper gluconate)		2 mg
L-tyrosine		500 mg
Green tea (<i>Camellia sinensis</i>) leaf extract.....		60 mg
(Standardized to 98% [58.8 mg] polyphenols)		
Guggulipid [®] (<i>Commiphora mukul</i>) resin extract.....		150 mg
(Standardized to 2.5% [3.75 mg] guggulsterones)		
Bacopin [®] (<i>Bacopa monniera</i>) leaf extract		100 mg
(Standardized to 20% [20 mg] bacosides A&B)		
Ashwagandha (<i>Withania somnifera</i>) root extract		100 mg
(Standardized to 1.5% [1.5mg] withanolides)		

Other Ingredients: Vegetarian capsule (cellulose, water), cellulose, magnesium stearate and silica.

Contains NO sugar, salt, dairy, wheat, gluten, preservatives, artificial colors or flavors.



Kelp

Supplies 225 mcg Iodine

Sports Nutrition

DESCRIPTION

Each tablet contains 45 mg of processed seaweed harvested from the North Atlantic and standardized to provide 225 mcg of iodine per tablet.

Product #10093 Size: 500 Tablets

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional..

One tablet contains:

Iodine (from kelp).....	225 mcg
Kelp	45 mg

Other Ingredients: Magnesium stearate, cellulose, vegetable stearin, dicalcium phosphate, and silica.

Did You Know?
 RUNNING ON EMPTY?
 Could be your **thyroid gland.**

Please see the Wellness Works product order form for current pricing.

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Weight Loss

Crave Control

*Nutritional Support for
Neurotransmitter Balance†
Healthy Living, Optimal Aging/Longevity*



DESCRIPTION

Crave Control supports the synthesis of the brain reward neurotransmitters (like serotonin and catecholamines) and through its effect on the natural opioids will, by virtue of inhibiting GABA, cause a significant release of dopamine at the nucleus accumbens. This constant release of possibly therapeutic amounts of dopamine leads to proliferation of D2 receptors, thereby promoting appetite suppression and reducing overall craving in general.

Product #10344 Size: 180 Capsules

SUGGESTED USE

Adults take 2 capsules 3 times per day, 45 minutes before meals, or as directed by a healthcare professional.

Six capsules contain:

Vitamin C (as ascorbic acid).....	450 mg
Vitamin B6 (as pyridoxal-5-phosphate).....	37.5 mg
Folate.....	300 mcg DFE
(as calcium L-5-methyltetrahydrofolate) (BioFolate®)	
Calcium (as calcium citrate).....	126 mg
Magnesium (as magnesium citrate).....	48 mg
Chromium (as chromium picolinate).....	75 mcg
DL-phenylalanine.....	1.5 g
L-tyrosine.....	1.125 g
L-glutamine.....	562.5 mg
Rhodiola rosea root extract.....	150 mg
[standardized to 3% rosavins (4.5 mg) and 1% salidosides (1.5 mg)]	
L-5-hydroxytryptophan (L-5-HTP).....	112.5 mg
Other Ingredients: Hypromellose, vegetable magnesium stearate, silica.	

Diet Support‡

*With Garcinia Cambogia
Diabetes Management*



DESCRIPTION

Diet Support is a combination of an herb and a mineral specifically designed to support sensible weight management programs such as those involving consistent, moderate dietary restriction and regular exercise.

Product #10300 Size: 90 Capsules

SUGGESTED USE

Adults take 2 capsules 3 times daily, 1 hour before mealtime, or as directed by a healthcare professional.

Two capsules contain:

Chromium (as polynicotinate)	200 mcg
Garcinia cambogia fruit extract	1,000 mg
(Standardized to 60% (600 mg) hydroxycitric acid)	

Other Ingredients: Gelatin and water (capsule), cellulose, silica and magnesium stearate.

Contains NO sugar, salt, dairy, yeast, wheat, corn, soy flavors, artificial colors or preservatives



**Supporting a
healthy diet**

1.800.331.2498 or 281.933.6948 • fax 1.800.874.5760 or 281.933.6637 • www.wellnessworks.com

† The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Women's Health



Cranberry Concentrate

400 mg with Vitamin C

DESCRIPTION

Cranberry Concentrate contains 400 mg of 100% cranberry fruit solids to help support urinary tract health. ‡

Product #10042 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule with 8 ounces of water 3 times daily, or as directed by a healthcare professional.

One capsule contains:

Vitamin C (as ascorbic acid)	50 mg
Cranberry fruit powder 34:1	400 mg
(Vaccinium macrocarpon) (100% cranberry fruit solids)	

Other Ingredients: Gelatin and water (capsule), silica, and magnesium stearate.

Our Concentrated Cranberry consists of 100% cranberry fruit solids with a balance of natural-occurring organic acids in their synergistic ratios.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



Evening Primrose Oil

1,300 mg

Cardiovascular Support

DESCRIPTION

Evening Primrose Oil provides a source of the omega-6 fatty acid gamma linolenic acid (GLA). The evening primrose oil used in this formula is derived from pure, expeller pressed, hexane-free oil. Hexane is a solvent that may be used to maximize oil extraction but is toxic. Expeller pressing produces little to no heat, which in turn, helps maintain the integrity of the fatty acids.

Product #10058 Size: 60 Softgels

SUGGESTED USE

Adults take 1 softgel, 2-3 times daily with food, or as directed by a healthcare professional.

One softgel contains:

Calories	12
Calories from fat	12
Total Fat	1.3 g
Evening primrose (<i>Oenothera biennis</i>) seed oil	1,300 mg
Gamma linolenic acid (GLA)	117 mg
Cis-linoleic acid	925 mg
Oleic acid	70 mg
Palmitic acid	78 mg
Other Ingredients: Softgel (gelatin, glycerin, and water).	

Our Evening Primrose Oil 1300 mg is 100% pure, cold, expeller-pressed and Hexane Free.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial color or flavors.



Prenatal Plus

DESCRIPTION

Prenatal Plus provides optimal amounts of all essential vitamins and minerals, along with added support ingredients such as the omega-3 fat DHA and herbs such as a ginger and chamomile.

Product #10297 Size: 120 Tablets

SUGGESTED USE

Adults take 4 tablets daily at mealtime, or as directed by a healthcare professional.

Four tablets contain:

Vitamin A (as acetate, beta carotene)	(10,000 IU)	3,696 mcg RAE
Vitamin C (as ascorbic acid)		150 mg
Vitamin D (as cholecalciferol)	(400 IU)	10 mcg
Vitamin E (as d-alpha succinate)		62 mg
Vitamin K (as phytonadione)		100 mcg
Vitamin B-1 (as thiamine hydrochloride)		25 mg
Riboflavin		25 mg
Niacin (as niacinamide)		25 mg
Vitamin B-6 (as pyridoxine hydrochloride)		25 mg
Folate (800 mcg folic acid)		1,360 mcg DFE
Vitamin B-12 (as cyanocobalamin)		100 mcg
Biotin		300 mcg
Vitamin B-5 (as d-calcium pantothenate)		40 mg
Choline 9from bitartrate)		10 mg
Calcium (carbonate, citrate, amino acid chelate)		800 mg
Iron (from amino acid chelate)		18 mg
Iodine (from kelp)		150 mcg
Magnesium (from oxide, citrate, amino acid chelate)		450 mg
Zinc (from monomethionine) *		15 mg
Selenium (from amino acid chelate)		100 mcg
Copper (from amino acid chelate)		2 mg
Manganese (from amino acid chelate)		5 mg
Chromium (polynicotinate)**		200 mcg
Molybdenum (from amino acid chelate)		25 mcg
Potassium (from amino acid chelate)		25 mg
Inositol		10 mg
PABA (para amino benzoic acid)		10 mg
DHA powder (standardized to 18% [50 mg] DHA) ***		278 mg
Ginger (<i>Zingiber officinale</i>) root powder		75 mg
Chamomile (<i>Matricaria chamomilla</i>) flower extract		50 mg
Raspberry (<i>Rubus ideaus</i>) leaves powder		25 mg

Other Ingredients: Cellulose, vegetable stearin, food glaze with vanilla coating, vanillin, silica and silica, magnesium stearate.

Contains NO sugar, salt, yeast, wheat, gluten or artificial colors.

* From L-OptiZinc®, a trademark of InterHealth Co.

** From Chromemate®, a patented form of niacin bound chromium.

*** From Neuromins™ a highly purified source of DHA from microalgae. Neuromins™ is a trademark of Martek.

Please see the Wellness Works product order form for current pricing.

‡ The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Iron

25 mg as Amino Acid Chelate & Gluconate
Essential Nutrients

DESCRIPTION

Chelated iron is a nutritionally functional iron amino acid chelate with documented high bioavailability, excellent tolerability and low toxicity.

Product #10090 Size: 100 Tablets

SUGGESTED USE

Adults take 1 tablet daily with food, or as directed by a healthcare professional.

One tablet contains:

Iron (as amino acid chelate, gluconate)25 mg

Other Ingredients: Cellulose, cellulose gum, vegetable stearin, dicalcium phosphate, silica, magnesium stearates and food glaze.

Contains NO sugar, salt, dairy, wheat, yeast, gluten, soy, preservatives, artificial colors or flavors.



DHEA 25 mg

Micronized Dehydroepiandrosterone

DESCRIPTION

DHEA capsules contain highest purity micronized dehydroepiandrosterone (DHEA) produced under strict Good Manufacturing Practices (GMP) standards.

Product #10045 Size: 90 Capsules

SUGGESTED USE

Adults (18 years or older) take 1 capsule daily, or as directed by a healthcare professional.

One capsule contains:

DHEA (micronized)..... 25 mg

Other Ingredients: Vegetable cellulose (capsules) and vegetarian leucine.

DHEA is micronized to increase absorption. It is made with pure, pharmaceutical grade DHEA.



Black Cohosh Plus

DESCRIPTION

Black Cohosh is an herb that provides a natural way to normalize hormonal changes and moderate the uncomfortable changes that accompany menopause.† Our black cohosh is made under strict European quality standards which are comparable to over-the-counter drug standards in the U.S. It provides optimal levels of naturally occurring triterpene glycosides.

Product #10015 Size: 120 Capsules

SUGGESTED USE

Adults take 1 capsule 4 times daily with food, or as directed by a healthcare professional.

One capsule contains:

Black cohosh root extract (*Cimicifuga racemosa*)40 mg
(Standardized to 2.5% [1 mg] triterpene glycosides)

Chasteberry (*Vitex agnus-castus*) fruit powder 100 mg

Dong Quai (*Angelica sinensis*) root powder 100 mg

Other Ingredients: Gelatin and water (capsule), rice powder, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



UT Support[‡]

Standardized Extract 125 mg

DESCRIPTION

UT Support is an all-natural supplement comprised of D-mannose for supporting a healthy urinary tract.

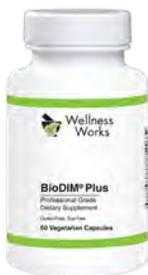
Product #10362 Size: 5.7 g Powder

SUGGESTED USE

Adults mix one scoop in water 3-4 times a day for three days as a loading phase, then one scoop 1-2 times daily thereafter for maintenance as a dietary supplement, or as directed by a healthcare professional.

One scoop contains:

D-mannose 1.9 g



BioDIM® Plus

Hormonal Balance for Men and Women

DESCRIPTION

BioDIM Plus is a blend of diindolylmethane (DIM) combined with vitamin D3, vitamin E, calcium Dglucarate, green tea extract and resveratrol. BioDIM Plus supports hormonal balance in both men and women, normal cellular apoptosis and overall cellular health.

Product #10387 Size: 60 Capsules

SUGGESTED USE

Adults take 2 capsules daily or as directed by a healthcare practitioner. If pregnant or nursing, or planning to become pregnant, do not take this product.

Two capsules contain:

Vitamin D3 (as cholecalciferol) (1,000 IU) 25 mcg
 Vitamin E (as d-alpha tocopherol succinate)..... 33.5 mg
 Calcium (as Ca D-glucarate).....50 mg
 DIM®100 mg
 (a proprietary enhanced bioavailability complex of starch, diindolylmethane, vitamin E as tocophersolan, phosphatidylcholine, silica)
 Green tea (*Camellia sinensis*) yielding EGCG 175 mg250 mg
 HMRLignan™.....30 mg
 (a Norway spruce (*Picea abies*) standardized lignin extract)
 Trans-resveratrol (from *Polygonum cuspidatum* root extract).....50 mg
 Other Ingredients: Hypromellose (capsule), microcrystalline cellulose, silica, vegetarian leucine.



Menopause Support[‡]

With Isoflavones and Black Cohosh

DESCRIPTION

Menopause Support is an effective formula incorporating a blend of herbs to help support a woman's health during normal mid-life changes.[‡]

Product #10108 Size: 60 Tablets

SUGGESTED USE

Adults take 2 tablets daily with food, or as directed by a healthcare professional.

Two tablets contain:

Vitamin D (as cholecalciferol) 50 IU
 Vitamin E (as d-alpha)..... 200 IU
 Vitamin B-1 (as thiamin hydrochloride)..... 10 mg
 Vitamin B-2 (as riboflavin) 10 mg
 Niacin (as niacinamide)..... 10 mg
 Vitamin B-6 (as pyridoxine hydrochloride) 10 mg
 Vitamin B-12 (as cyanocobalamin) 25 mcg
 Calcium (as carbonate, citrate) 100 mg
 Magnesium (as oxide, citrate)..... 100 mg
 Soy (Glycine max) bean extract 500 mg
 (Standardized to 2.5–3.5% [12.5–17.5 mg] isoflavones)
 Black cohosh (*Cimicifuga racemosa*)root extract 80 mg
 (Standardized to 2.5% [2 mg] triterpene glycosides)
 Red clover blossom extract 100 mg
 (Standardized to 8% [8 mg] isoflavones)
 Dong Quai (*Angelica sinensis*) root 10 mg
 Chasteberry (*Vitex agnus-castus*) fruit..... 10 mg
 Licorice (*Glycyrrhiza glabra*) root powder 10 mg
 Other Ingredients: Cellulose, dicalcium phosphate, cellulose gum, vegetable stearin, modified cellulose, magnesium stearate and silica.
 Contains NO dairy, yeast, wheat, gluten, corn, preservatives, artificial colors or flavors.



Supporting a natural herbal approach to healthy hormonal balance

Please see the Wellness Works product order form for current pricing.

[‡] The statements contained herein have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Wound Healing



Bromelain

400 mg / Proteolytic Enzyme

Allergy Management

DESCRIPTION

Bromelain supplies 5,000 m.c.u (milk clotting units) per capsule. Milk clotting units are a unit of measure of enzymatic activity.

Product #10021 Size: 60 Capsules

SUGGESTED USE

Adults take 1 capsule after each meal, or as directed by a healthcare professional.

One capsule contains:

Bromelain 400 mg

(from pineapple [*Ananas comosus*] standardized to 2,400 GDUs/g)

Other Ingredients: Gelatin, glycerin, water (capsule), cellulose, magnesium stearate and silica.

Contains NO sugar, salt, dairy, yeast, wheat, gluten, corn, soy, preservatives, artificial colors or flavors.



**IMPROVING
WOUND HEALING
WITH NUTRIENTS**

Index

Numerics

5-HTP 35
5-MTHF 18

A

Acetyl-L-Carnitine 8
Active Life Nutrient Capsules 22
AdreBoost-NG 1
ALA 300 37
Alcohol Detox 31
Ashwagandha Extract 35

B

Berberine Support 5
BioDIM® Plus 47
Black Cohosh Plus 46
Bone Health Support† 26
Brain Health Support† 9
Bromelain 48
Buffered Vitamin C 23

C

C 500 mg Chewable 7
Calcium & Magnesium Citrates 26
Calcium & Magnesium Plus 26
Cardio Health Support† 3
Children's Acidophilus 6
Children's Chewable Vitamin 6
Chromium Picolinate 11
CoEnzyme Q10 4
Colon Health Support† 13
Cranberry Concentrate 45
Crave Control 44
Curcumin Complex 37
Curcumin Ultra 37

D

D3 5000 IU 18
DHEA 25 mg 46
DHEA Liposomal Drops 1, 2
Diabetes Balance† 11
Diet Support† 44
Digestive Enzymes 12
Digestive Enzymes (Vegetarian) 12

E

Essentials 20
Essentials Performance 20, 21
Evening Primrose Oil 45
Extra Strength Probiotic 13

F

Flax Seed Oil 21
Folic Acid 16
FOS Powder 14
Fruits and Greens Energy Drink 29

G

GABA Calm † 42
Ginkgo Biloba 9
Glucosamine & Chondroitin Plus 27
Glucosamine & MSM 28
Glucosamine Sulfate 27
Gluten Digestive Enzymes 13
Green Tea-70 24
Gut Restorative PRP 13

H

Hair, Skin & Nails (RF) 22
Hyaluronic Acid 28

I

Immune Daily Support 25
InflamMove 37
Iron 46

J

Joint Health Support† 27

K

Kelp 43

L

L-Arginine 500 mg 34
L-Carnitine 8
L-Glutamine 14
L-Glutamine Powder 15
Libido Health 33
Liposomal Glutathione 250 mg 31
L-Lysine 16
L-Theanine 39
Lutein Plus 36

M

Magnesium Chelate 400 mg 41
Magnesium Glycinate 41
Magnesium & Potassium Aspartate 18
Male Virility Support † 34
Marine Fish Oils 4
Melatonin 39
Melatonin 3mg sustained release 40
Melatonin Liposomal Spray 39
Melatonin XR 5 mg 40
Memory Plus 9
Menopause Support † 47
Methyl B-12 Drops 20
Methyl B-12 Lozenges 20
Migraine Clear† 38
Milk Thistle Plus 31

N

NAC 31
Niacin 17
Nitric Oxide Formula 5

O

Omega-3 Fish Oil Enteric-Coated 5
Omega Max 3

P

Pantothenic Acid 3
Perfect E 18
Perfect Protein Powder 29
Phosphatidyl Serine Complex 8
Potassium 99 mg 16
Prenatal Plus 45
Probiotic Daily Support† 15
Probiotic Mega Blend DF 15
Prostate Health Support† 33
Protein & Greens Chocolate 30
Protein & Greens Vanilla 30
Pycnogenol® 5
Pyridoxal-5-Phosphate 18

R

Red Yeast Rice Plus 4
Relaxation Formula† 35
Relora 250 mg 42
Resveratrol Plus 36

S

Saccharomyces Boulardii 250 mg 15
SAM-e 9
Saw Palmetto 320 mg 34
Selenium 16
Sleep Perfect Formula† 39
Sleep Support† 40
SporeBiotic Max 14
St. John's Wort Plus 35
Super Stress Support† 42

T

Thyroid Support† with Zinc 43

U

Ubiquinol 4
Ultimate Joint Complex† 27
UT Support† 46

V

Vision Health† 21
Vitamin A, D3 & K2 5
Vitamin B-6 17
Vitamin B-12 17
Vitamin B-Complex 17
Vitamin C 6, 23
Vitamin C 500 mg with Rosehips 24
Vitamin C 1000 mg Complex 19
Vitamin C Buffered 19
Vitamin C Esterified 500 mg 24
Vitamin D3 17
Vitamin D3 1000 IU 24
Vitamin D3 Drops 23
Vitamin K2 4

Z

Zinc 30 mg with Copper 19
Zinc Chelate 20 mg 24
Zinc, Elderberry and D Lozenges 25
Zinc Lozenges 23
Zinc Lozenges 23mg 25



Wellness
Works

9901 S. Wilcrest Drive ● Houston, Texas 77099 ● 800.331.2498
wellnessworks.com

UPDATED 10/2021