

NEW ADDITIONS to the Wellness Works Line

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METHYL B-12 LOZENGES (WW #10302)

Methylcobalamin is the coenzyme form of Vitamin B-12 and is the form of Vitamin B-12 that exists in the body. Most other forms of Vitamin B-12 require some level of conversion once they are ingested. Methylcobalamin requires no conversion and is the most active and effective form of Vitamin B-12.

RESVERATROL PLUS 200 MG (WW #10301)

Resveratrol Plus supplies 200mg of trans-resveratrol plus 10mg of Leucoselect™ Grape Seed extract in vegetarian capsules.

L-ARGININE 500 MG (WW #10284)

Arginine is a semi-essential amino acid which activates nitric oxide in the body. Activated nitric oxide is responsible for increased vasodilation and improved microcirculation. The benefits of arginine are well established in cardiovascular health and muscle recovery. As a supplement for muscle recovery, arginine decreases protein catabolism and enhances nitrogen retention after injury, thereby enhancing muscle recovery. Arginine can be a beneficial adjunct for those who are trying to increase blood flow and recovery in muscle tissue.

BRANCH CHAIN AMINO ACIDS (BCAA) (WW #10283)

The branch chain amino acids, leucine, isoleucine and valine, account for one-third of the amino acid composition of muscle. In that regard, BCAA is often sought out as a supplement for its sparing effect on muscle glycogen and protein. Supplementation with BCAA after muscle exertion helps to promote nitrogen muscle balance and helps to decrease lactic acid production which results in sore muscles and impairs muscle recovery. BCAA can be taken on its own, or incorporated into an exercise recovery smoothie using Perfect Protein Powder (WW #10282).

DIGESTIVE ENZYMES (VEGETARIAN) (WW #10292)

The digestion of food involves a complex system of organs, hormones and enzymes. Many people have difficulty digesting foods, particularly as they age. Digestive Enzymes (Vegetarian) is a comprehensive blend of enzymes that not only facilitate the digestion of macronutrients, but also hard-to-digest foods such as dairy, grains and legumes. And all 15 enzymes present in the formula are derived from non-animal sources, so they are appropriate for vegan and vegetarian diets.

PROBIOTIC EXTRA STRENGTH DF (WW #10295)

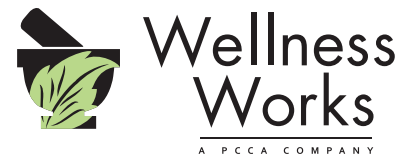
Various intestinal conditions and medications can compromise the immune system and lower the amounts of healthy intestinal microflora. When potent probiotic supplements are supplied regularly, chances are greatly increased for establishing and maintaining a healthy population of beneficial intestinal microorganisms. Probiotic Extra Strength DF contains nine (9) species of microorganisms with a total strength of 50 billion CFUs per capsule. Because each strain has an affinity for a different part of the digestive tract and a unique mechanism of action, Probiotic Extra Strength DF can be a preferable product for delivering multiple microorganism strains versus single strain products.

VEIN HEALTH (WW #10294)

A vegetarian dietary supplement to support vascular health. Vein Health contains two powerful flavonoids, diosmin and hesperidin (in a 10:1 ratio, combined with Butcher's Broom Extract and Vitamin C to support vascular integrity and tone throughout the body.

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PERFECT PROTEIN POWDER (WW #10282) A WELLNESS WORKS EXCLUSIVE!

Perfect Protein Powder is a delicious tasting, enhanced multi-source plant protein that provides 21 grams of protein and 7 grams of branch chain amino acids and glutamine per serving, while supplying less than 1 gram of sugar. Perfect Protein Powder is formulated with agave inulin for prebiotic support and provides a synergistic enzyme blend for easy digestion. Vegan and vegetarian approved, Perfect Protein Powder is gluten-free and contains no dairy, no soy, is hypoallergenic and non-GMO. Perfect Protein Powder provides the perfect amino acid "smoothie" base for patients attempting to improve their nutritional foundation.

MENOPAUSE SUPPORT COMPLEX (WW #10299)

Menopause Support Complex is a unique formulation specifically formulated with genistein, microencapsulated DIM botanicals, and nutrients for support of normal menopausal symptoms and healthy estrogen metabolism in women. Research studies have demonstrated a significant environmental exposure to estrogens exists today which can result in toxic estrogen build up. The ingredients in Menopause Support Complex will help to support healthy estrogen metabolism and minimize toxic build up which has been shown to influence the development of cancer in women and men.

DIET SUPPORT WITH GARCINIA CAMBOGIA (WW #10300)

Diet Support with Garcinia Cambogia is a combination of an herb and a mineral and is specifically designed to support sensible weight management programs. Each capsule of Diet Support with Garcinia Cambogia delivers 250 mg of hydroxycitric acid from 500 mg of Garcinia Cambogia extract along with 100 mcg of Chromium GTF. Both of these ingredients have been shown to help with healthy gluconeogenesis and the regulation of normal appetite.

ULTIMATE JOINT COMPLEX (WW #10288)

Ultimate Joint Complex is a premier dietary supplement to support skin, joint and connective tissue health. It contains BioCell Collagen which is a multi-functional, patented ingredient for the restoration of joints and the support of the skin and vascularity. BioCell Collagen is made from 100% pure, hormone and antibiotic-free, low molecular weight hydrolyzed chicken sternum cartilage extract. The usage of chicken collagen has been shown to be of significant benefit in joint restoration and in altering joint deterioration. BioCell Collagen is naturally rich in hyaluronic acid (10%) and cartilage matrix glycoprotein (CMGP). The benefits of Ultimate Joint Complex with glucosamine HCl and MSM make this a unique and valuable formula for connective tissue health.

PRENATAL PLUS (WW #10297)

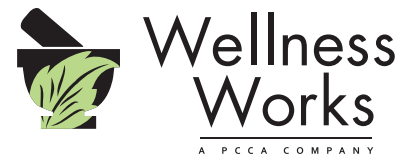
Prenatal Plus provides optimal amounts of the essential vitamins and minerals needed during pregnancy. Along with vitamins and minerals, Prenatal Plus features support ingredients such as omega-3 fatty acids, DHA and choline for cognitive support of the developing fetus. For the mother, Prenatal Plus also includes ginger root, chamomile flower extract, and raspberry leaves to address occasional morning sickness that can accompany pregnancy. Prenatal Plus provides an excellent nutritional choice for pregnant and breastfeeding women and their developing child.

ALLER CALM COMPLEX (WW #10291)

Aller Calm Complex is a unique proprietary formulation to help support respiratory function in the presence of airborne allergens. Its combination herbal blend along with quercetin, MSM, stinging nettles, bromelain, feverfew, and turmeric help to minimize allergenic response.

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in individuals suffering from seasonal and chronic allergy symptoms secondary to airborne allergens.

MIGRAINE CLEAR (WW #10290)

Migraine Clear contains the most documented and effective nutraceuticals presently known to help support the vascular system in the brain. These ingredients act synergistically to assist in quenching inflammation and reducing histamine and serotonin induced vasospasm. Migraine Clear is a unique vitamin and herbal formula synergistically designed to help reduce the frequency and intensity of cranial vascular disturbances.

RIBOSE COMPLEX (WW #10285)

Ribose Complex contains a unique formulation of nutritional supplements that help to support energy via the production and recycling of ATP, increase exercise tolerance, improve cardiovascular output, enhance muscle strength and recovery, encourage oxygen utilization and physical stamina, and improve athletic performance and endurance. D-Ribose is a naturally occurring sugar that has been shown to support the production and recycling of ATP. DMG is a metabolic enhancer that helps the body overcome various forms of stress and serves as a methyl donor to keep ATP levels high. CoEnzyme Q-1 and Acetyl-L-Carnitine increase tolerance to exercise and improve the heart's muscle tone. Bromelain and Protease are proteolytic enzymes that help to decrease muscle soreness after intense exercise and support muscle recovery.

ACTIVE LIFE NUTRIENT CAPSULES (WW #10271)

Studies have shown that a high percentage of adults and children in North America eat less than the minimum daily allowance of 10 or more essential nutrients. Adequate amounts and proper balances of these nutrients are needed not only for maintaining good health, but also for the dietary management and prevention of chronic disease. Active Life Nutrient capsules are a balanced/vitamin/mineral trace element supplement with over 22 essential nutritional ingredients in a convenient once daily capsule.

PROBIOTIC MEGA BLEND DF (WW #10296)

Various intestinal conditions and medications can compromise the immune system and lower the amounts of healthy intestinal microflora. Probiotic Mega Blend DF is a non-dairy probiotic formulation that contains eight (8) different strains of microorganisms to establish and maintain a healthy population of beneficial intestinal microorganisms. Besides the eight (8) different strains of microorganisms, Probiotic Mega Blend DF contains FOS, a soluble fiber and prebiotic that selectively supports the proliferation of intestinal flora. At 5 billion CFU per capsule, Probiotic Mega Blend DF can be recommended for children, adults and the elderly to help in normalizing digestion, supporting regularity and gastrointestinal and neurological support.

LIBIDO HEALTH (WW #10287)

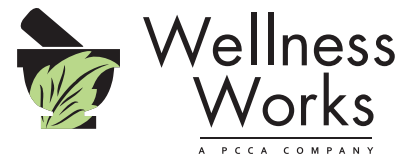
Research has indicated that as many as 43% of women and approximately 31% of men report experiencing sexual dysfunction at some point in their lives. The ingredients found in Libido Health have demonstrated the ability to support alertness and sexual motivation, overall energy levels, hormone balance, circulation and oxygen utilization, and nervous system function in both men and women. This formulation provides a non-gender specific approach for libido enhancement in both sexes and can be a foundational supplement for addressing aspects of sexual dysfunction.

DIABETES BALANCE (WW #10293)

Diabetes Balance is a complete nutritional approach that addresses blood sugar function and promotes healthy glucose balance and regu-

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lation. Like the product that it is replacing, Cinnamon Complex (WW #10258), Diabetes Balance also utilizes cinnamon to help improve cellular insulin response and reduce blood sugar spikes. However, it is the synergistic formulation of herbs, vitamins and minerals that provides its positive impact on supporting healthy blood sugar metabolism.

GI SUPPORT ULTRA (WW #10278)

GI Support Ultra is the most advanced formula on the market today for optimal gastrointestinal health. The comprehensive formulation has been designed to support gut health, soothe the digestive tract lining, promote regularity, microbial balance and support proper immune function.

MEMORY PLUS (WW #10270)

Memory Plus is a unique formulation of botanicals, amino acids, circulatory aides, antioxidants, and accessory nutrients that are believed to be helpful for optimal cognitive function and memory enhancement. This combination of ingredients offers enhanced neuroprotection, mitochondrial energy support, and neurotransmitter balancing. Memory Plus is a useful dietary supplement for individuals wishing to improve cognitive function, memory and attention. Dosage is 2 capsules 1-3 times per day. Starting dose should be 1 capsule 1-2 times daily or as directed by a healthcare professional.

VITAMIN D3 & K2 EMULSION (WW #10272)

Vitamin D3 & K2 Emulsion is a unique, great tasting liquid supplying significant amounts of vitamin K2 as well as vitamin D3 to support bone health and calcium absorption, immune and anti-inflammatory function and cardiovascular health. This product is created through a unique emulsification process. Emulsification of dietary fat is a naturally occurring process in the intestinal tract. Since vitamins D and K are both fat-soluble vitamins, they are best absorbed when consumed with a fat source to facilitate their uptake. Vitamin D3 & K2 Emulsion is a useful dietary supplement for those who wish to increase their daily intake of nutritionally important vitamins D and K. Dosage is 5 drops (Vitamin D3=2000iu, Vitamin K2=5mcg) one time per day or as directed by a healthcare professional.

RELAXATION FORMULA (WW #10273)

Relaxation Formula is an all-natural approach to facilitate physical and mental relaxation. The synergistic ingredients in this formula work in ways that help the body "let go" of tension and anxiety without causing drowsiness. The primary ingredients in this formula are L-Theanine and Relora, two ingredients that are backed by scientific research and have been shown to be safe and effective without causing drowsiness. In addition, a combination of other ingredients including magnesium, passionflower, skullcap and hops help to relieve emotional stress and relieve the dysfunction that contributes to neck and shoulder tension, muscle spasms, and menstrual pain.

EYE HEALTH (WW #10274)

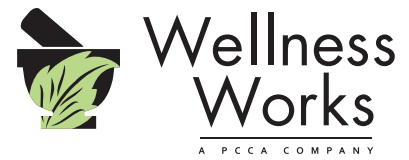
Eye Health is a dietary supplement designed to maintain and support proper visual function. One of the most complete vision supplements in the marketplace, Eye Health contains 16 nutrients including antioxidants, vitamins, minerals and herbs that have been found to support optimal eye health and function. For individuals concerned about maintaining macular health and preventing disease, Eye Health can be a valuable nutritional addition.

DHEA SPRAY / 5 MG LIPOSOMAL DELIVERY SYSTEM (WW #10275)

DHEA Spray is a soy-free, convenient, easy-to-use supplement that may help maintain normal levels of the DHEA hormone. Studies have

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suggested that supplementing with DHEA may benefit immune function, blood sugar metabolism, weight management, brain and bone health, heart health and estrogen and testosterone levels. The spray liposomal delivery system provides a convenient means to titrate DHEA dosage in individuals who wish to support the body's normal DHEA functions. Dosage is one spray (0.2ml) which delivers 5mg of DHEA. There are 150 sprays per bottle.

S-ACETYL GLUTATHIONE PLUS (WW #10279)

Glutathione functions extensively in tissues and organs throughout the body. It plays critical roles in protecting the body from oxidative stress, maintaining cellular functions, and supporting healthy immune function. Glutathione as an oral supplement has not been effective therapeutically in supplementing glutathione stores in the body. However, S-Acetyl Glutathione, the patented, acetylated form of glutathione has been shown to be well absorbed and more stable through the digestive tract and more effective orally than other forms. By coupling the absorbable oral form of glutathione, S-Acetyl Glutathione, with the bioactive form of B-12, methylcobalamin, S-Acetyl Glutathione Plus provides a valuable option to help address cellular oxidative stress particularly in the liver, nerve, optic and brain tissue.

SACCHAROMYCES COMBO PACK (WW #10280)

Saccharomyces boulardii is a natural, non-pathogenic yeast that has been shown to help support and maintain the healthy ecology of the small and large intestines. Studies have demonstrated that *S. boulardii* is safe and effective in both adults and in children three months of age and older. *S. boulardii* appears to function through several mechanisms of action to support the natural inflammatory response, exert a trophic effect on intestinal mucosa, and positively support the immune system. ProBioMax DF provides four researched strains of beneficial bacteria. These live microorganisms have proven health benefits and well-established safety and efficacy in establishing and normalizing the gut flora. The unique combination of *S. boulardii* and the ProBioMax DF probiotic capsule helps to support gastrointestinal based immunity, maintain a healthy intestinal and gut flora, support bowel regularity, and neutralize certain bacterial toxins.

SLEEP FORMULA (WW #10277)

Sleep Formula provides an innovative blend of amino acids, botanicals, and melatonin in a formulation that promotes soothing and restful sleep. The non-habit forming ingredients were specifically chosen to promote healthy circadian rhythms and help relax tense muscles. While most prescription medications can cause morning sleepiness, Sleep Formula is designed to provide individuals with restful slumber and a rejuvenated body upon awakening.

BERBERINE SUPPORT (WW #10281)

Berberine is a naturally occurring alkaloid. Recent studies indicate that berberine is a helpful supplement for maintaining cardiometabolic health. It has been shown to regulate glucose and lipid metabolism and to provide a positive effect on blood pressure through its vasorelaxatory effects. Combined with alpha lipoic acid and grape seed extract, Berberine Support promotes normal homocysteine levels and supports normal blood pressure, blood sugar, and cholesterol levels. All of these parameters have been shown to have an influence on metabolic syndrome.

Questions? Contact Wellness Works at 800.331.2498 or email wellnessworkssupport@pccarx.com.

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